

# TRIBUTE TO OUR CHILDREN



Children's  
Cancer  
Foundation



## Giving back through photography



(From left) Andrew, Kaung San and Lawrence dedicating their time at HfH 2017.

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A thought-provoking photograph takes you back in time and brings out the raw emotions of the subject or event. Two CCF volunteer photographers, Lawrence Tan and Wong Chin Hwa, have been dedicating their time and skills to capture moments of love, strength and conviction to support children with cancer.

Volunteer photographers also play a pivotal role by creating visual narratives to highlight CCF's work and convey messages on childhood cancer.

In the recently concluded Hair for Hope (HfH), CCF's annual community outreach event to raise childhood cancer awareness and funds, more than 300 event volunteers worked tirelessly during the two-day main event on 29 and 30 July. Among the volunteers was a team of dedicated volunteer photographers led by Lawrence.

Volunteering with CCF since its 20th Anniversary Walkathon in 2012, Lawrence flexed his leadership muscles by taking the initiative to assist CCF in coordinating with fellow volunteer photographers. He is instrumental in gathering the photographers, assigning them to the various CCF events and briefing them on the visual requirements. For HfH 2017, Lawrence led a team of 12 volunteer photographers to cover the event at VivoCity.

Apart from deploying the volunteer photographers to their allocated shifts, Lawrence went the extra mile to mentor and guide new volunteers.

"Volunteering with CCF has been very enriching for me," said Lawrence. "I was involved in the Wishlink projects, family retreats, youth and children camps, and did photo montages for the families. In the process, I realised that family support, love and care are of great importance to the beneficiaries."

Lawrence typically reaches out to friends who share a deep passion for photography. As long as these budding photographers are willing to volunteer, have a positive attitude, make good team members and are passionate, Lawrence will reach out to them to assist at CCF events. One such volunteer photographer is Wong Chin Hwa, who began his volunteerism journey with CCF in 2012. His first photography assignment was at Kong Meng San Phor Kark See Monastery, where Hair for Hope's satellite event was held.

Since then, Chin Hwa has been volunteering with CCF annually, in particular at Hair for Hope main and satellite events. In this year's HfH, Chin Hwa captured a candid moment of Guest-of-Honour, Minister for Social and Family Development Tan Chuan-Jin, taking a selfie with CCF beneficiary and ceremonial shavee Low Wen Pei on stage. The photograph was later published on the website of Channel NewsAsia.



"I have a passion for photography and I am glad to join CCF as a volunteer photography to capture the beautiful moments," said Chin Hwa. "I also see it as a commitment to help CCF at its annual Hair for Hope outreach event."



(From left) Jonathan, Jacob, Li Ting and Chin Wah at HfH 2017.

CCF would like to thank all our volunteer photographers for dedicating their time and photography skills to help rally support for children with cancer and their families!



**“I want to continue to make time for volunteering”:  
Childhood cancer survivor  
Sheam Kannan**

Sheam Kannan’s most vivid memories of childhood, unlike most boys, isn’t playing sports or running in the playground with his friends.

Instead, the childhood cancer survivor, who was diagnosed at just three years old, was short and overweight. These were some of the side-effects from the cancer treatment he received for Acute Lymphoblastic Leukaemia. Although he loved sports such as soccer and badminton, he struggled to keep up with the physical demands of the activities and often felt dejected.

It was only at CCF’s children’s camps that Sheam got to participate in rock climbing and adventurous races, all at a manageable pace he could keep up with.

The friendships he forged there, with other patients and survivors, made him happier and more confident. This sense of community motivated Sheam so much. At the age of 13, he rounded up a group of cancer survivors, who called themselves

the Youth Committee, to perform a dance at that year’s Hair for Hope event.

Their friendship has endured over the past decade, and many of the Youth Committee members now attend CCF events as volunteers. Sheam himself has been shaving his head every year since 2005, in support of Hair for Hope.

The Electrical Engineering undergraduate at the National University of Singapore, who was the valedictorian of his cohort when he graduated from Singapore Polytechnic, has set his sights on a career in patient administration. He wants to work in hospitals, to help improve patients’ experience – just as CCF had done for him.

“My parents were lucky to have a great support system in their siblings, friends and CCF,” the 24-year-old said. “I want to continue to make time for volunteering, even after I enter the workforce.”

## Coming full circle: Childhood cancer survivor Celeste Lee volunteers with CCF



Though childhood cancer survivor Celeste Lee had missed out on physical education lessons in primary school, she made up for them during Camp Sunshine, an event organised by CCF which was formerly known as Working in Aid of Children (W.A.L.K).

Celeste was diagnosed with Acute Lymphoblastic Leukemia at age three but was in remission by the time she entered primary one. Even then, teachers were cautious about letting the seven-year-old join her classmates for sports and games, or even visits to the dentist. "My friends had fun and they got to pick up inter-personal and communication skills," said Celeste, who described herself as a shy and soft-spoken child. Forced to watch from the sidelines, all she longed for was the opportunity to interact with her peers.

It was at the CCF camps, which she attended annually at her doctor's recommendation that she emerged from her shell. During the camp, Celeste made friends with peers who had gone through similar experiences with cancer through team-building games and tele-matches.

Participating in skits during the camp also helped Celeste overcome stage fright and build confidence. One year, she even

played the lead role of Princess Jasmine in an Aladdin sketch, performing in a glittery pink costume made by her mother who was a seamstress.

"I found another side of happiness," said Celeste, her face lighting up at the memory from over a decade ago.

These positive experiences spurred her to join CCF as a volunteer when she outgrew the children's camps. In secondary three, she volunteered as a camp befriender, helping the youth committee plan the logistics, publicity and activities.

She also helped with the day-to-day running of the camps, interacting with the kids and taking care of them.

"We always try to provide positive encouragement and tell them that they are on the right track," she said, reflecting on the same encouragement that she had received.

Celeste added: "They may not realise it now, but hopefully when they grow up, they will want to help other kids with cancer forget about the pain of their treatment, and just enjoy themselves and have fun."

## Siblings on a Mission

CCF held its third run of "Siblings on a Mission" hospital tour on 26 August 2017. The hospital tour was an activity under the Very Important Brothers and Sisters (VIBS) programme, aimed at helping siblings of CCF beneficiaries cope with the impacts of childhood cancer in the family.

Through this guided tour held at the KK Women's and Children's Hospital (KKH), 13 siblings had the opportunity to learn more about the diagnosis and treatment of childhood cancer. Concurrently, a workshop for the caregivers was also held to increase their understanding of the siblings' psychosocial needs and better equip them with strategies to address those needs.

Before the hospital tour commenced, the siblings were invited to choose their "healthcare warrior" role from a list of medical professions, consisting of oncology nurses, pathologists, surgeons and radiologists. After which, they were commissioned to fight the enemy 'cancer' through a series of interactive activities with different healthcare professionals working in the hospital.

In groups, the siblings visited the Laboratory, the Day Surgery and the Department of Diagnostic Interventional Imaging (DDII). It was an exciting first-hand experience for them being decked in surgical scrubs, using the laparoscopy machine, analysing real blood samples through a microscope, experimenting with the different instruments

used to generate radiographs, and administering medication to CCF's medical dolls, 'Frankie' and 'Fannie', as demonstrated by the Paediatric Oncology Nursing Team.

The tour helped to increase the siblings' understanding of childhood cancer, its medical treatments and the hospital environment. Not only was it a fun and enriching experience for the siblings, they returned from the tour eased from their fears about the medical treatments and the possibility of cancer spreading to them. As a grand finale, an award ceremony was held where all siblings were presented with certificates for accomplishing the mission. In addition, the caregivers gifted the siblings with personalised art pocket frames that they lovingly hand-decorated during the caregivers' workshop.

By the end of the day, the main takeaway for the siblings was that cancer is not contagious and that their sick siblings were well taken care of by a committed team of healthcare professionals. Caregivers were also affirmed of their efforts and that they were not alone. They were also empowered to find ways to support siblings in the aftermath of their child's cancer diagnosis.

CCF would like to thank and express our appreciation to the Department of Pathology and Laboratory Medicine, DDII, Day Surgery Team, and the Paediatric Oncology Nursing Team at KKH for volunteering their time and making this tour possible.



## CCF Family Day

80 participants comprising 20 CCF beneficiaries and their families came together on 15 July 2017 for CCF Family Day at Katapult Trampoline Park in Yishun. The theme for this year was "Staying Fit and Having Fun Together!"

In this three-hour funfit, the families mingled and enjoyed quality time at the various games stations. These activities included Modified Dodge Ball, Hoops, Slack Line, Bag Jump, Shuttle Run/Bounce, Assisted Jump and Crawl & Slide.

The trampoline play provided a great workout for the families. Each game comprised psychosocial elements that enabled

them to reflect through the challenges and struggles faced as a family and to ultimately stay resilient.

The fun-filled day ended on a high note with a prize presentation for all the families who participated. CCF Family Day 2017 served as a platform to strengthen family relationships and allow our beneficiaries and their families to connect in a day of fun and games.

Special thanks to our volunteers for their time and effort in supporting us for this event!



## Father's Day celebration

Apart from taking care of the emotional well-being of their children, fathers also play the role of caregivers and disciplinarians. To honour fathers, PALS arranged for a brainstorming session for the children to show their appreciation to their fathers.

A group of enthusiastic volunteers from Slightly Scarlet from SMU visited PALS on 16 June 2017 and provided students with various craft materials to work on their personalised card.

The room was filled with gasps of delight and enthusiastic chatters as the students began assembling their craft. The purpose of this activity was to let students understand that one does not need to spend a fortune on extravagant gifts to make someone feel special. It is the thought that counts.

As it was a tradition to give fathers neckties for Father's Day, volunteers handed out tie-shaped cutouts – with trivia questions adhered behind – for the students to attach to their cards. These questions, such as "What is your father's favourite hobby?", were crafted to increase family interaction.

Students were also treated to a shrink plastic craft session to make keychains. Drawing their keychains on the A4-sized plastic sheet, the students then decorated and coloured their drawings before placing them in the oven.

In less than a minute, the plastic shrank to a palm-sized keychain, much to the delight of the students. Along with the DIY Father's Day cards, the students brought home their keychains in happy spirits.

A take-away: A gift is not valued by how much it costs but often, it is the thought that counts!



## Hari Raya Puasa celebration

Hari Raya Puasa is a time when Muslims come together to celebrate and mark the end of the holy month of Ramadan.

This joyous festival also helps strengthen the relationship between family members and friends who have not seen each other for a long time, reminding them of the importance of unity and bonding.

On 28 July 2017, CCF invited Slightly Scarlet from SMU to hold a Hari Raya celebration at PALS where students could learn and understand the local culture and traditions. For instance, the volunteers planned a series of 'kampong' games such as Chapteh, five stones, marbles and paper frog competition for the students to immerse in the traditional games that were popular among children in the kampong days.

The students enjoyed themselves and went home that day embracing the festivities of our Muslim community in Singapore.

## Batik painting

Ever heard of batik printing? Batik is a Javanese method of producing designs on fabric by using a wax resist.

Cak Cak Kuti, an educational programme that weaves learning with language and culture, was held in PALS on 21 June 2017 to teach students batik printing, which can be a form of therapeutic art.

The students explored different techniques of colour-blending and studied the creative expressions on the fabric that are influenced by religious, moral and ethical values of the artist.

The motifs and pattern of the batik is inspired by flora and fauna, and their style or colour is influenced by different regions or foreign influences. The students agreed that the session has increased their cultural awareness.

The students brought home their art pieces to be displayed at home – a good way to share what they've learnt to their parents. PALS would like to thank Cak Cak Kuti for the fun-filled class!



## Mushroom cultivation workshop

Did you know that mushroom is a fungi and not a plant? It needs oxygen like you and I to grow!

Agrivo Mycosciences is a local agriculture business that aims to provide people with quality and fresh mushroom harvests. The mushrooms are organically grown and pesticide free, which they pride themselves for.

Representatives from Agrivo Mycosciences conducted a workshop on mushroom cultivation for PALS students on 28 July 2017. The students thoroughly enjoyed the talk and were amazed by the speaker's knowledge.

During the session, the students learnt about mushroom cultivation in farms and the edible species, such as Grey Oyster Mushrooms, Royal Abalone Mushroom and Black Jelly Fungus.

Mushroom cultivation kits were also handed out to the students, kindly sponsored by Agrivo Mycosciences. The kits are easy to care for, as long as the plants are showered with love and attention.

We thank Philbert Khoo and Janson Tan of Agrivo Mycosciences for their time and effort in conducting the workshop!



## Financial literacy workshop

To help students at PALS make informed decisions with their resources and learn how to manage their finances effectively, volunteers from Deutsche Bank Singapore held a Financial Literacy workshop on 7 July 2017.

The volunteers came to PALS with a set of ordinary-looking Monopoly board game. But what was different about it was that it had a list of learning objectives for the students to achieve, for example, investing on property and calculating the returns.

The students adopted different strategies during the game. For example, one of the students chose to save money, while another preferred to invest in properties – until he ran out of cash to pay off his debts and rents!

The volunteers had wanted the students to understand the importance of wise investments. And hopefully, in time to come, the students' perception of money will be more than just a medium to purchase goods and services. It is equally important to secure their future by making smart financial investment decisions.

A big thank you to the staff of Deutsche Bank for making time to conduct the session at PALS!



## National Day celebration

Ever wondered why the Merlion has a head of a lion and a body of a fish? The head represents Singapore's original name, Singapura, or "lion city" in Malay, while the body is a symbol of Singapore's humble beginnings as a fishing village named Temasek which means "sea town" in old Javanese.

SMU's Slightly Scarlet volunteers were in PALS on 4 Aug for a National Day celebration. They sketched out pictures of the Merlion for the students to fill in the colours.

Students formed into four groups to represent the four main ethnic groups in Singapore – Chinese, Malays, Indians and Eurasians. Alongside Slightly Scarlet volunteers, the students arduously painted each section of the Merlion that they were tasked with. And when pieced together, the Merlion transformed into a vibrant art piece.

The students also learnt about the components of the Singapore flag and what they represent. The red on the top half of the flag symbolises "universal brotherhood and equality of man, while the white on the bottom half symbolises "pervading and everlasting purity and virtue".

The crescent moon represents Singapore as a "young nation on the ascendant" while the five stars stand for Singapore's ideals of democracy, peace, progress, justice and equality.

The students went home with their beautifully handcrafted Singapore flag and a deeper understanding of the nation's history. PALS would like to thank volunteers from SMU's Slightly Scarlet for their time and effort to put a smile on the children's faces!

## Racial Harmony Day

PALS started the day on 28 July 2017 with students and teachers clad in different traditional costumes of the various ethnic groups.

Launched in 1997 as part of the National Education programme by the Ministry of Education, the day reminds us of the importance of maintaining racial and religious harmony in Singapore's multicultural and multi-ethnic society.

With the help of volunteers from SMU's Slightly Scarlet, the students learnt and interacted with conversational phrases of the four main languages used in Singapore.

The highlight of the celebration was when the students and the volunteers strutted down the catwalk together. Costumes that were being showcased included the cheongsam, baju kurung and Hanbok – a traditional attire of the Koreans.

The students posed confidently and went home that day, gaining awareness of the multi-ethnic and multi-cultural environment that we live in. Thank you Slightly Scarlet for organising the fun-filled celebration!



Sharing my pizza with mummy. Yummy!

## Chef of Life

After three successful runs of the CCF childhood bereavement group work for children and youths aged between 7 and 21 years, the fourth and fifth edition of the programme returned on 1 and 8 July this year.

13 families attended the bereavement programme, which aims to provide a platform for children to honour and remember their deceased loved ones together with their surviving caregiver and family. While the children and youths engaged in activities planned specially for them, caregivers were invited to a concurrent workshop to help them in expressing their love and support for their surviving family members during the grieving period.

This year's event was named "Chef of Life". The children and youths turned chefs for a day and had a go in making pizzas at Chantilly Culinary studio and The Little Things. The pizzas were made in loving memory of the family member they have lost.

With some guidance from professional chefs, the children and youths learnt to make a pizza from scratch, from kneading the dough to preparing the ingredients to adding toppings on their pizza before they went into the oven. They also participated in a blind food tasting activity, evoking the feelings and memories of their deceased loved ones.

Meanwhile, the caregivers made their pizzas with Play-doh, before sharing their work of art with the rest of the participants. The sharing session enabled the caregivers to remember their loved ones and hear from fellow caregivers about the struggles they faced. It also allowed the participants to find strength from within this community, who are facing the same ordeals.

Before the session came to a conclusion, caregivers creatively expressed their love for their children by decorating a placemat to symbolise how they would always be there to support them in their grief journey.

The programme ended with an intimate lunch session among fellow caregivers and their children. Caregivers took the effort to decorate their dining tables and welcoming their children for lunch. Everyone in the family shared stories behind their pizza creation.

Last but not least, the caregivers fished out their beautifully decorated placemat as a small surprise for their children. It was a heartwarming moment between the caregiver and child, affirming their love for each other.



Tasting and describing the taste of several toppings, all while being blindfolded!

Children focused on creating their best pizzas in memory of the loved ones they lost.



All smiles for a memorable day as we remember, love and support one another as Chefs of Life!



The creative and artistic abilities of the caregivers show the outpouring love for their children.

## Championing a social cause



Eight groups of students embarked on their 15-week Citi-YMCA Youth For Causes (YFC) community project in May this year. From street sales to publicity campaigns, these students executed self-initiated projects to raise public awareness and funds in support of CCF.

Read on to find out how they gained first-hand experience on becoming masters of their entrepreneurial projects!

### PROJECT PROTEGO

#### TEAM MEMBERS

Alexis Lei Yee Faye, Charmaine Trisha Ortego Joson, Shannon Tan Jiaying and Tan Li Tyng Michelle

Protego is a latin word which means to protect. Through this project, we hope to protect and do our best to help children and families impacted by childhood cancer. With just a group of four girls leading 60 volunteers, we helped to raise funds and awareness for CCF through several initiatives.

In April, we conducted a bake sale in Methodist Girls' School (MGS), selling home-made macarons, brownies, muffins and other baked goods to raise funds for CCF. We also spoke with a few of our classmates about CCF and the efforts done to help CCF's beneficiaries. In June, together with our volunteers, we went out on the streets and to some public housing blocks in areas such as Jurong East, Bishan and Orchard Road to sell merchandise and distribute flyers. We also spoke to many members of the public to share about childhood cancer and how their donations would go a long way in helping CCF beneficiaries.

The journey had been tough, but it was definitely a meaningful and enriching one. Though faced with many difficulties, we pushed on to overcome the challenges to raise childhood cancer awareness and funds for CCF. Through our efforts, we also hoped that more people would be aware of the good works of CCF. We were very thankful for this opportunity and we hope that more people will come forward to reach out and lend a helping hand to the less fortunate.



### TEAM YOUTHPHORIA

#### TEAM MEMBERS

Yao Yuming, Li Han, Wang Yihe and Cui Chenling

We supported CCF through the YFC programme this year. In this journey, we experienced the highs and lows of fundraising and learnt to overcome the odds.

For instance, we had a hard time recruiting volunteers and spent a long time planning our events while our peers enjoyed their holidays or weekends. But much to our delight, we yielded satisfying results.

Most importantly, we had a taste of what it feels to contribute back to the society. The training provided by CCF also helped us understand how we as individuals can give back in our own ways.

Through this exposure, we were able to refine and define our personal aspirations beyond the academic environment. New friendships, character building and community service were some of the other rewards we have reaped in this journey. We met other like-minded people along the way and community involvement gave us a sense of belonging. We have thoroughly enjoyed this project.



## THE DREAMSWORK PROJECT

### TEAM MEMBERS

Isabelle Neo Xinyi, Ashley Lee Shi Hui,  
Lim Zhi Xuan and Charmaine Tay Jia Hui

Being part of the YFC programme has taught us many new and invaluable skills; from managing teams to collaborating with organisers. Despite all the challenges faced, we managed to handle them one step at a time, and worked together to overcome them, allowing us to grow not only as individuals, but as a team too.

Without our team of volunteers to support us, we would never have made it this far, as they made our YFC journey such a fruitful one. A few months back, we were unsure of what we were capable of achieving. However, now that we have experienced it ourselves, we realised that we were not only given the opportunity to put our ideas into actions, we were also enlightened by other YFC groups advocating for causes they strongly believed in.

This was indeed an eye opener for us, and if you are also interested in being part of the YFC journey, try it out, because you'll never know what you are capable of until you take that first step and go for it. Our advice is, "You are braver than you believe, stronger than you seem and smarter than you think" – Christopher Robin. We wish you all the best!



## THE RAINBOW PROJECT

### TEAM MEMBERS

Tanisha Attri, Aarti Meyappan Pillai, Anna Nielsen  
and Viktoriia Mytsyk

The YFC programme has been a journey full of new experiences. Initially, the task seemed very daunting as it was our first time working on such a project. However, we had teachers and seniors acting as our mentors to provide us with support and guidance.

In this journey, we picked up crucial life skills along the way, such as communication and budget management. Communication was essential for us to ensure that the group was aware of the activities in the pipeline and our respective individual responsibilities. We also had to try to create outreach and awareness to recruit volunteers to help out at our event.

Managing a budget was more challenging. To maximise the profit from the sales of merchandise, we conducted a research on the types of items for sales. In addition, conducting street sales was not as easy as we thought it would be. We were demoralised when members of the public rejected or ignored us. But, on occasions when we met individuals who were genuinely interested, it made this fundraising process more meaningful. It was inspiring to witness the acts of kindness from strangers. All in all, we are thankful for the opportunity to take part in YFC.



## TEAM AUXILIO

### TEAM MEMBERS

Nicholas Giancarlo Canete, Lee Ling Xuan,  
Liang Ai Ting Aileen and Lee Jian Ming Jovi

The desire to do good, was what sparked us, along with many other YFC teams to continually put in effort to give back to the community. We might have stumbled along the way in this journey – such as having to juggle other school activities and resolving conflicts during discussion – but we remained committed to the project, dedicating time and effort to the larger community.

What we had gained from all our fundraising efforts was the importance of knowing that we are investing in ourselves to make the community around us a better place, especially for the beneficiaries. To all future YFC participants, enjoy the process of championing for a social cause, and in times of difficulties, always remind yourself of the intrinsic motivation that drove you to participate in YFC.



## TEAM EMPATHY

### TEAM MEMBERS

Lee Zheng Long, Teoh Xu En, Ng Ho Chi  
and Poh Jing Cheng Desmond

As students, we have to juggle our homework and revisions, the YFC project, and CCAs simultaneously. But the experience and knowledge gained in the YFC programme will be useful in the other projects that we may take on in the future.

We saw, through some of our failures, that things do not always go according to plan. We were also demoralised when we failed to meet our targets due to the over-ambitiousness during the planning stage of the project, but we learnt to respond quickly and make changes as soon as possible.

The project also allowed us to contribute to the society and help children and families impacted by childhood cancer.

We are proud of ourselves for stepping out of our comfort zones and taking on this project for the first time, despite having little or no experience. CCF has also rendered us a lot of assistance along the way, which we are grateful for.



## PROJECT ORENDA

### TEAM MEMBERS

Jancy Chee Qian Shi, Elizabeth Teo Min,  
Charlotte Teo Xuan Qin and Aye Chan Khin

This YFC journey has been an enriching experience for our team. The opportunity to help raise childhood cancer awareness and funds for CCF has enabled us to be creative in seeking ways to engage the public and effectively convey our message about the purpose of our fundraiser.

What was more amazing was that through this journey, we have met many people, forged new friendships and strengthened existing relationships through the various initiatives held in support of the cause.

It was heartening to meet so many charitable individuals who never hesitated to reach out to support the less fortunate in the society – be it in the form of a volunteer, event sponsors or donors.

This experience has shown us how generous and kind the human heart is. To those who intend to embark on their own YFC journey, we hope that you can do it passionately and remember to put yourself in the shoes of the beneficiaries and their families, to understand their plight instead of merely focusing on the fundraising aspect.

Think creatively and always go out of your way to do what you believe in. There will be setbacks and the best way to get over them is to stay united and bonded as a team and to keep your composure in all situations. As Ryan Ferreras once said, "There's always something good that comes out of every experience. Good times become good memories. Bad times become good lessons. You can never lose, you only grow from life."

Always give from the bottom of your heart and remember that giving is not just making a donation or how much funds you raise, it is how much effort you put in and the difference you make that counts and matters more. All the best in your future endeavours!



## PING YI PANDAS

### TEAM MEMBERS

Yeo Hong Feng, Chin Peng Cheng, Ardian Ebony  
Goenawan and Harini Sivakumar

During the June school holidays, we began our fundraising and outreach initiative to support CCF.

We started by introducing ourselves and the objectives of the YFC project during a morning assembly in school. We also shared about childhood cancer and appealed to the school cohort for their understanding and support to the CCF beneficiaries.

To create more awareness among the teachers and students, we displayed statistics and facts about childhood cancer on the school's notice board. We also distributed CCF pamphlets in the school, and created an Instagram account to reach out to more people.

To better engage fellow school mates, we held a poster competition within the school for all to submit creative posters and words of encouragement for children with cancer.

As for fundraising, we recruited student volunteers to sell CCF merchandise and snacks to members of the public in Bedok.

The YFC project was a true learning experience for us as we have given our hearts for a very worthy cause!

## Youth survivors engage in Heartsongs

As part of CCF's Expressive Arts Therapy Programme, a songwriting and music composition workshop, HeartSongs, was launched this year to provide childhood cancer survivors an opportunity to tell their stories about cancer.

Through expressive arts modalities, such as music and songwriting, youth survivors are able to narrate in a safe therapeutic environment.

Five youth survivors participated in the first run of HeartSongs, which comprised five sessions. CCF Expressive Arts Therapist Cheryl Lee facilitated the first session and a songwriting instructor was engaged in the subsequent sessions to help the youths review and explore their cancer journey and to draw out their strengths and positive coping strategies.



Different arts modalities, including lyrics analysis and reflective writing, were used to help the youth consolidate their experiences. The participants then had the opportunity to work with a songwriting instructor to compose their songs and put the lyrics written by them to music.

### Name: Soh Sheng Yang, 14

I signed up for HeartSongs as I love creating songs and music that can be expressed in a creative way through a mix of instruments. Also, singing can help to express my deepest feelings, which the audiences can relate to.

Through HeartSongs, I have learnt that I am stronger than I know. The songwriting process was fun as we used our imagination to write our songs. I also made friends through this programme.

"There's no shadow when there's no light" – this is the key message I want to convey to my audience. There will always be an end that you will be able to see light, no matter how hard or long it takes to get there. Ultimately, it is their loved ones who will bring brightness when darkness falls.

I find the whole program an enriching and rewarding experience for me.

#### My Sister's Love

When the skies are grey  
And the rain is falling  
I can't help thinking of the darkness.  
When the clouds are grey  
And the sun don't shine  
There's a shadow over me.

Sister's love is here to keep me dry  
There's no shadow where there is no light  
Sister's love is here to stay with me  
I have no more misery  
In the end I am happy.

### Name: Swasthi Trinity Govinda Rajan, 14

Trinity relates the journey of how she found strength and resilience to overcome the challenges faced during her cancer treatment. To watch her video, please visit <http://bit.ly/ccftrinity>

#### My Father's Word

Holding my breath, I was losing myself  
Comparing myself to everyone else  
Hopeless and useless was how I felt  
Holding my Father's word.

With my head bowed, I was down on my knees  
Screaming and crying, Why is it me?  
Raging with anger, I stood from my feet,  
Hearing my Father's word.

Truth is I can do anything  
Mirrors don't lie, stings like a bee  
There are mountains waiting for me  
I will conquer, all that I see  
I will not be shaken,  
And I will not fear  
I will rise up above, and achieve all my dreams  
I will rise up above, and achieve all my dreams  
When I hear my Father's word  
When I hear my Father's word.



## Name: Lee Jue Lei, 17

This HeartSongs programme was introduced to me by my CCF social worker, Ms Winnie Poo. She encouraged me to sign up as I had learnt music when I was young and played for school band. I thought this programme would be interesting since it was related to music. I was initially quite skeptical about it, not knowing what it would offer, but as time went on, I began to enjoy the session.

I particularly loved figuring out the melody to match my song and playing on the piano tab. I also learnt that song-writing is not as easy as I thought it would be. There were many restrictions, such as finding the right notes for your melody in order to sing in a comfortable pitch.

Writing lyrics was a challenge for me as I am not quite a creative person. However, I had help and inspirations from Ms Cheryl Lee, who suggested various topics for me to write about.

My song has a line “just take it slow and easy, for there’s always gonna be tomorrow”, which means that whenever you encounter a problem, be it stress or work-related, you should try to take it slow and easy. And, even when you are unable to resolve the issue in a day, there is always tomorrow to conquer the problem. Overall, I think that this HeartSongs programme was interesting – it boosted my confidence and I enjoyed it.

## LIFE

I used to dream, that life would be easy  
I used to dream, that it would be smooth-sailing  
Oh how wrong I was  
But I know something that you don't  
That will help you when you're down  
And that's when life gives you lemons  
You throw it back like its grad-year  
And sleep till the next morning  
For your problems will disappear

When you're snuggling in your bed  
Feeling all warm up and cosy  
Just let your mind wander off  
For there's always gonna be tomorrow  
For there's always gonna be tomorrow



## Looking Into The Mirror

I'm a black cat  
Don't call me fat  
I can climb trees  
Graceful as I can be

I'm a cat that's really cool  
No one dares say I'm a fool  
I skateboard on the walkway  
Catch fish kebabs along the way

I'm a cat that's very friendly  
I make pals with canines and mice  
I dress up in a manly way  
Before I do things I think twice

I'm a black cat  
Don't call me fat  
I can climb trees  
Graceful as I can be

I'm a cat, a cat of valour  
See me now in shining armour  
Chasing lizards I save the day  
Dodging Rottweilers I save all

I'm a wild cat, now I've become  
I've been through so many pains  
My Ohana has helped me through  
King of the jungle is now my name

## Name: Celeste Chang Ning, 14

Music is a form of relaxation but my reason for attending HeartSongs was to make new friends. In the first session, we tried out different basic instruments, which was fun.

What I enjoyed most during HeartSongs was when we got to hear the music pieces of all participants. Each of them was wonderful and unique.

Through HeartSongs, I realised that I was able to create songs and write poems better than I thought I could. I am not musically inclined, hence it was not easy to understand the keys and chords. We also had to come up with choruses and verses.

My song, titled “Through the Mirror” is about looking at yourself from a different perspective. I know at times we feel like a failure, but inside each of us, there is a little wild cat, waiting to be unleashed.

This song talks about a rather plumpish cat who wants to let others know that he does not want to be called fat. He does it by saying that he can climb trees gracefully, and adds that he can skateboard and eat “fish-kebabs”. He further states that he is brave as a knight, fights Rottweilers (a type of dangerous, destructive dog) and chases lizards to rescue his master.

But he can also be quite friendly, as he makes friends with other dogs and mice. At the end of the song, the cat reveals himself as a lion, the powerful king of the jungle. At some parts of the songs, we had to brainstorm for ideas and find inspiration, which was quite challenging. But overall, HeartSongs was a wonderful experience!



### Father's Day celebration at CCF@KKH

Volunteers from Citibank held an art workshop at CCF@KKH on 12 June 2017, ahead of Father's Day. Several activities were specially catered to the different age groups of our beneficiaries, so that they could all have an opportunity to participate in the workshop.

Children were guided by the Citibank volunteers to make 'Best Dad Trophies' and 'Origami Shirt Cards'. It was fun-filled session for our beneficiaries. Moreover, it held special meaning to the children as the handicraft were presented to their fathers at the end of the session.

The volunteers also prepared some goodie bags for our beneficiaries and gifted the caregivers with Citibank souvenirs. Special thanks to Citibank Singapore!

### Father's Day celebration at CCF@NUH

On 14 June 2017, volunteers from Citibank conducted art and craft activities for our beneficiaries who were tasked to make a trophy out of recycled materials for their fathers as part of Father's Day celebration. CCF beneficiaries also decorated the trophy with sequins and stickers.

Some of the parents joined in the activity and it was a great bonding session for our beneficiaries and caregivers. We thank Citibank for the thoughtful art and craft workshop!



### Mother's Day celebration at CCF@NUH

There is nothing better than receiving a handmade gift from your beloved child. To express their love and gratitude, CCF beneficiaries moulded clay jewellery to gift their mothers on 9 June 2017. Instructors from Tinkle Art n Crafts patiently guided the children to shape and carve the intricate details of the pendant. The pendants were given vibrant splash of colours before they were presented to the inspiring, selfless and strong mothers. What a meaningful activity for our CCF beneficiaries!



### Hari Raya celebration at CCF@NUH

CCF@NUH held a baking session on 5 July 2017 for our children to soak up the Hari Raya atmosphere and enjoy the festivities. Many of them were excited to celebrate Hari Raya and bake with their peers.

At the start of the session, every child was handed a set of ingredients and they followed the instructions closely as our staff whipped up the delicious pastries.

Satisfied with their baked goods, our children made a few more batches and shared them with others!





## Survivors' Service Learning Project at Malacca

Survivors' Service Learning Project (SSLP) serves as a platform for youth survivors to be empowered and be critically reflective through participation in community service-learning projects.

Five youth survivors, between the ages of 17 and 26, participated in SSLP in Melaka, Malaysia from 14 to 17 June 2017. The project was a collaboration with the National Cancer Society Malaysia (NCSM) and Melaka Hospital.

Prior to the four-day trip, the youths met up and prepared for the project.

**DAY 1** The team took a four-hour ride to Melaka to embark on this meaningful project. Upon arrival, the team went on a shopping trip to purchase materials, decorations and goodie bags for the families that they would be meeting.

The goodie bags that the team prepared were filled with snacks, stationery and hygiene products such as hand sanitizers and alcohol wipes.

**DAY 2** It was a full day of service learning together with the beneficiaries of NCSM. After a short introduction by the team, they conducted a storytelling and art workshop based on the theme "The Garden".

The team made origami mushrooms and lady bugs, among others, to provide active learning for NCSM beneficiaries. The NCSM beneficiaries bonded well with our CCF team during the session.

Shortly after some rest, the youths spruced up the same venue with Hari Raya decorations, a prelude to the dinner party. The team came up with a series of icebreakers and games, as well as a survivors' sharing session. All participants – beneficiaries of NCSM and the CCF team – also penned well wishes for one another, before the night came to an end.

**DAY 3** The third morning was a visit to the children oncology ward at Melaka Hospital. Following the previous day's experience, putting up festive decorations in the ward was a faster process than before. Two CCF youth survivors shared their childhood cancer journey with an in-patient, making the session an invaluable one.

As part of their mementos for this project, the youth survivors spent the afternoon penning down their thoughts and experiences on a pair of customised wooden clogs, painstakingly hand-painted by themselves.

**DAY 4** On the last day, the team spent some time exploring the historical city of Melaka, which was declared a UNESCO World Heritage site in 2008. The itinerary included St. Paul's Church, Christ Church, The Stadthuys, A'Famosa and a ride on the beautifully decorated trishaw.

Before concluding the meaningful trip, the team tucked into a plate of chicken rice ball and savoured a bowl of herbal Bak Kut Teh before heading back to Singapore. It was truly a memorable trip for the youth survivors, with so many tales of their adventures to be recounted when they return home to their loved ones!





## Faber-Castell art festival

The inaugural 'Faber-Castell Art Festival' took place from 27 May to 4 June 2017 at the Marina Square Central Atrium.

Held on a grand scale in a 'castle' setting and encompassing 4,758 square feet of space, the festival welcomed all to be inspired by the possibilities of art in its many facets, and even try their hand at creating a form of art – regardless of age or experience.

Besides conducting two art workshops for CCF beneficiaries, Faber-Castell also donated part of the sales proceeds from the artworks to CCF.

**Contributor:** Ms Amanda Koh, Faber-Castell Singapore, Senior Marketing Executive



## U Heart 2017: U Engage with Kids



NTUC staff volunteers brought 20 CCF beneficiaries out for a fun-filled afternoon of excitement and adventure at The Polliwogs @ Suntec City on 23 June 2017.

The children tried their hand at making their yummylicious hand-made pizzas during the pizza-making workshop, and had a blast dodging lasers like top secret spies in Laser Fury. A mini-treasure hunt was also held at the indoor playground, with our volunteers and the children exploring the premises together for hidden treasures. Everyone was a winner and they went home with big smiles and lots of goodies!

This was one of the events among the volunteering projects held from 1 March to 13 August 2017 organised by the Staff Union of NTUC (SUN) for Young NTUC U Heart 2017, in collaboration with NTUC Income. U Heart 2017 aims to leave a deeper and lasting impact in the lives of diverse group of beneficiaries through a series of youth self-initiated do-good projects. We hope to encourage more youths to organise more skills-based volunteering projects.

**Contributor:** Ms Teresa Wong, NTUC Youth Development Unit, Intern



## Art jamming session



Volunteers from Thome Ship Management headed down to the Arteastiq Café at Mandarin Gallery on 26 May 2017 to attend an art jamming session with six CCF beneficiaries.

At the gallery, the beneficiaries showcased their drawing and painting talents by carefully sketching illustrations, such as cartoon characters. Our volunteers patiently guided them along as they inked their creation on the art canvas, laughing heartily while completing the art pieces together.

Our volunteers and CCF beneficiaries enjoyed the close interaction with one another throughout the session. All participants also posed for photos with their masterpiece before bringing their artwork home.

Our volunteers and CCF beneficiaries enjoyed the close interaction with one another throughout the session. All participants also posed for photos with their masterpiece before bringing their artwork home.

**Contributor:** Ms Eunice Phua, Thome Ship Management Pte Ltd, HR Executive

## Birthday fundraising for four-year-old twins Serena and Sonia

Our youngest daughter Serena is a cancer survivor. She was diagnosed with a rare kidney cancer, with no known cure, and had to have one of her kidneys removed when she was 11 months old. We are happy to say that she has been a strong cancer survivor.

We did our first fundraising event for CCF two years ago, when Serena and her twin sister Sonia celebrated their two-year-old birthday. This year, they turned four. We hope to always be grateful and help other children and their families who have fought or are still in the midst of battling with cancer.

Hence, we did a fundraising event at our offices, as well as a birthday celebration at home on 28 May 2017. We were happy to raise a total of \$6,931 for CCF.

We were very blessed to have all the support from friends, family members and colleagues. We hope this small token sum will go a long way in helping the other CCF beneficiaries.

**Contributor:** Evelyn Neo, **Organiser**



## Combining team building with doing good

To support a good cause and at the same time hold a team building event, Credit Suisse's Chief Risk Officer Department APAC held its inaugural CRO Dragonboat Charity Race at Kallang water basin on 9 June 2017.



More than 50 colleagues – both rowers and supporters – turned up for this friendly competition in the heart of Singapore. This has brought lots of fun, fostered team spirit and injected a dose of healthy competition among fellow colleagues. In doing so, this event also allowed us to play our part and support CCF. Thanks to everyone who helped raise a total of \$3,475 for CCF.

**Contributor:** Market Competitiveness Stream:  
Chief Risk Officer Department, Credit Suisse

## Swisslog Healthcare raises funds for CCF

While researching online for new automation solution for IV preparation, we found the Children's Cancer Foundation (CCF) as a suitable organisation to work with. The Foundation's mission of improving the lives of children with cancer and their family strikes close to the heart of what we do as an organisation, thus spurring Swisslog Healthcare employees to take action.

The CCF fundraiser that was held from 1 May to 31 May 2017 was initiated by our Chief Executive Officer, Stephan Sonderegger, who spent three years in Singapore. He first made a donation to CCF and local Swisslog Healthcare employees followed suit, kicking off the SwisslogShares community giving programme in Singapore, modeled after a similar programme in North America.

Swisslog Healthcare raised a total of \$2,000 for CCF. SwisslogShares is part of Swisslog Healthcare's Corporate Social Responsibility programme, where we strive to make a difference in our communities by supporting employees and social organisations.

Swisslog Healthcare applauds CCF's efforts in rehabilitating families and children recovering from cancer. We hope this initial donation will aid CCF in advancing its services for children and their families to enjoy a better quality of life.

**Contributor:** Jazmyn Lee, **Swisslog Healthcare,**  
Head of Marketing, Asia





(From left) SCAL Council Member Mr Derrick Pay, SCAL 1st Vice President Mr Ng Yek Meng, SCAL Immediate Past President Dr Ho Nyok Yong, Dean of BCA Academy Dr John Keung, SIA Council Mr Lim Choon Keang, SCAL Council Members Mr Jeffrey Yu, Mr Jason Tay and SCAL Executive Director, Mr Lam Kong Hong.

## Annual charity golf tournament by Singapore Contactors Association Limited

The Singapore Contactors Association Limited (SCAL) hosted its annual charity golf tournament on 26 July 2017 at Sentosa Golf Club, Serapong Course to raise funds for Children's Cancer Foundation.

Organised by the SCAL Corporate Social Responsibility (CSR) Subcommittee, the golf tournament was part of its CSR programmes to raise funds in support of voluntary welfare organisations (VWOs) for the less privileged in Singapore.

With support from close to 30 companies, the tournament raised \$244,000 through the sponsorship of golf flights and donations.

After the game, participants were invited to a dinner and prize presentation ceremony at the Grand Salon. Gracing the dinner was Guest-of-Honour, Minister for Social and Family Development, Mr Tan Chuan-Jin.

"Despite the current economic challenges, many have continued to give generously for this worthy cause. I believe our contributions will help improve the various programmes and



(From left) SCAL President Mr Kenneth Loo, SCAL Chairman of Organising Committee Mr Benjamin Tan, Minister for Social and Family Development Mr Tan Chuan-Jin and Executive Director of Children's Cancer Foundation Ms Neo Lay Tin.

services for CCF's beneficiaries and their families. SCAL is glad to be able to make a positive impact and difference through our giving," said Mr Benjamin Tan, Chairman of the Organising Committee.

"VWOs in Singapore like the Children's Cancer Foundation depend on public support and funding for their operations. SCAL will continue to support such CSR events to help VWOs as they play a significant role to serve the poor, vulnerable and disadvantaged in our community," said Mr Kenneth Loo, President of SCAL.

**Contributor: Grace Teo, Singapore Contractors Association Limited, Corporate Communications Executive**

## Tanaka Electronics holds flea market to raise funds for CCF

To raise more funds for CCF, the CSR working group from Tanaka Electronics Singapore organised a flea market from 3 to 5 July 2017. Apart from selling electronic gadgets and used laptops kindly donated by our staff, CCF merchandise were also sold at the event.

Many of our staff were supportive of the event as the flea market enabled them to purchase heavily discounted items. At the same time, they were also doing their part in giving back to the society.

A retired staff even donated under Tanaka Electronics Singapore, although she is no longer with the company. Her gesture warmed the hearts of many CSR working group members, who felt deeply appreciated.

Through the event, we managed to raise \$9,127 for CCF, far exceeding our initial target of \$5,000. The CSR working group would like to thank all donors and volunteers who made this event a memorable and successful one.



**Contributors: Andy and Kom, Tanaka Electronics Singapore Pte Ltd, CSR working group members**

## 88.3Jia FM and Power 98FM air support for Hair for Hope

*TRIBUTE speaks with the two local radio stations whom CCF works closely with during the annual Hair for Hope community outreach event.*



2014: 88.3Jia FM DJ Kelvin Loh and Power 98FM Jerald Justin Ko (JK).



2015: 88.3Jia FM DJ Charlene Goh Shi Han.

Since 2014, 88.3Jia FM and Power 98FM have been the Official Radio Stations for Hair for Hope (HfH), an annual community outreach event organised by the Children's Cancer Foundation (CCF). The radio stations have been supporting the event through various ways such as sponsoring HfH radio jingles, on-air interviews, online publicity, providing a team of radio deejays as event emcees for HfH and organising studio tours for our beneficiaries.

Speaking with TRIBUTE, the radio stations said the four-year strong partnership with CCF has been a meaningful and fruitful endeavour for its staff and organisation.

88.3Jia FM and Power 98FM firmly believe that it is important to be socially responsible and committed when it comes to giving back to the society. As such, they are always supportive of causes that will make a positive difference to the community.

HfH is the only head-shaving event in Singapore that serves to raise childhood cancer awareness and funds. Thousands of individuals take part in this annual event by making their bald statements and encouraging their friends and family members to donate in support of a good cause.

At the event, the radio deejays become advocates by educating members of the public on childhood cancer; they help to dispel myths and falsehoods on childhood cancer and highlight the challenges faced by children with cancer and their families.

"Hair has always been viewed by many as a symbol of strength and physical attractiveness," said Power 98FM radio deejay Michael Tan. "To witness individuals from all walks of life stepping forward and making that decision to shave is both moving and humbling. This act of shaving may seem simple but it is a bold expression of their commitment to supporting the children."



2016: 88.3Jia FM DJ Heng Kae In (Kay) and Power 98FM DJ Michael Tan.



2017: 88.3Jia FM DJ Yong Shu Hui.

He added: "Through my involvement in the HfH event, I have also heard stories of courage and determination from the children and their families, which make me appreciate the gift of life more, and inspire me to live every moment to the fullest. I'm really honoured and privileged to have the opportunity to host the HfH events and hope to continue doing so in the future."

88.3Jia FM radio deejay Yong Shu Hui also agreed. "I take care of my hair well, so to me, shaving is indeed a resolute stand taken by an individual as a show of commitment to CCF's cause," she said. "From my involvement in the HfH event, I have not only witnessed shavees' contributions first-hand but also the efforts of the many volunteers who work tirelessly behind the scenes to ensure the event goes smoothly."

"Everyone plays their part and is dedicated to achieving the common goal of raising awareness for CCF's cause. I'm thankful to be part of this collective and meaningful work," Shu Hui added.

Both radio stations are happy to contribute to this meaningful effort, and look forward to continuing a longstanding partnership with CCF to help further our good cause. By bringing to the table its expertise in the media and entertainment industry to effectively deliver CCF's desired messages, they hope to encourage more to join CCF's cause through creating awareness and garnering public support.

88.3Jia FM and Power 98FM recognise that battling cancer is not easy for both the children and their families and are happy to journey alongside the CCF beneficiaries.

**CHILDREN'S CANCER FOUNDATION (CCF)** is a non-profit organisation with a mission to improve the quality of life of children with cancer and their families and children impacted by cancer through enhancing their emotional, social and medical well-being.

Founded in 1992, CCF provides children with cancer and their families and children impacted by cancer the much needed support in their battle against the life threatening illness. Over the years, CCF has helped more than 2800 children and their families at different stages of the illness.

Armed with the vision of providing leading resources and psychosocial services to families impacted by childhood cancer, CCF employs professional caseworkers and counsellors, and adopts an integrated hospital-community-home service model to offer a spectrum of critical services to our beneficiaries.

#### SERVICES TO THE CHILDREN AND FAMILIES

- Casework and Counselling
- Therapeutic Play
- Art Therapy
- Play Therapy
- Child Life Service
- Expressive Arts Therapy
- Caregivers Support Services
- Hospital Play Services
- Survivorship Programme
- Back-to-School Service
- Place for Academic Learning and Support (PALS)
- Tuition & Befriending
- Psychosocial and Recreational Activities
- Financial Assistance
- Palliative and Bereavement Service
- Very Important Brothers and Sisters (VIBS)
- Children Impacted by Cancer Programme

#### OTHER PROGRAMMES

- Volunteer Management and Engagement
- Public Education and Engagement
- Training and Research

#### HOW YOU CAN HELP

- Be a regular donor through GIRO or our online donation portal @ [www.ccf.org.sg](http://www.ccf.org.sg)
- Support our annual signature fundraising event: Hair for Hope ([www.hairforhope.org.sg](http://www.hairforhope.org.sg))
- Organise activities to raise funds for CCF among your network
- Invite CCF to conduct public education talks/workshops to your colleagues, schoolmates, family and friends
- Recommend CCF as a beneficiary for corporate sponsorships and donations
- Participate in CCF's Donation Box Programme to raise funds through placement of donation boxes in your organisation
- Refer CCF for gifts in-kind
- Adopt CCF as beneficiary of your will-making to continue the legacy
- Invite our beneficiaries for social and recreational activities
- Volunteer with us on a regular (minimum commitment of 6 months) or ad-hoc basis
- Be a resource person – share your skill sets and area of expertise

#### CONTACT US

CCF Community Office – VIVA-CCF Hub  
8 Sinaran Drive Novena Specialist Centre #03-01  
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📺 [www.youtube.com/user/CCFsingapore](https://www.youtube.com/user/CCFsingapore)

📷 [@ccfsingapore](https://www.instagram.com/ccfsingapore)

## Giving Week 2017 returns!

Organised by the National Volunteer & Philanthropy Centre (NVPC), Giving Week is an annual national movement that encourages everyone to give back. This year, Giving Week will return from 28 November. Corporates, non-profits and individuals in Singapore are encouraged to come together and give for a good cause.

The national initiative in Singapore mobilises groups and individuals to donate, volunteer, fundraise or participate in the various charitable events. These giving activities typically last for a week or until the end of the month.

Be part of this movement and ride the Giving wave with CCF again this year! If you would like to come up with a new fundraising campaign or organise a company-wide initiative, please reach out to us at [fundraising@ccf.org.sg](mailto:fundraising@ccf.org.sg) or 6229 3759 / 6229 3764. Every bit counts!

### 'Give and Gift': CCF merchandise for sale

Give a gift of love! CCF has a wide range of merchandise that can be purchased all-year round. These items include stationery, umbrellas and tote bags. You can contribute to CCF's fundraising efforts and show your support for children with cancer and their families by purchasing these exclusive merchandise. They make great gifts too!

Between 28 November and 29 December 2017, take this opportunity to give back to the society and join us in gifting CCF merchandise to your colleagues, friends and family members!

For the full list of merchandise, visit our website at <http://bit.ly/ccfmerchandise>. To make a purchase or find out more, do drop us an email at [fundraising@ccf.org.sg](mailto:fundraising@ccf.org.sg) or call us at 6229 3759 / 6229 3764.

## CALENDAR OF EVENTS (September to December)

EVENT	DATE
Children's Day Celebration	6 Oct 2017
Childhood Bereavement Programme: Chef of Life (Caregiver-Preschooler)	11 Nov 2017
Siblings Day	18 Nov 2017
End of Treatment Party	25 Nov 2017
Giving Week	28 Nov to 5 Dec 2017
Training Workshop for volunteers	1 Dec 2017
Annual Family Retreat	1 – 4 Dec 2017

*Dates are subject to change.*

## MISSED AN ISSUE?

If you have just discovered TRIBUTE and are keen to get your hands on past editions, please find us online at <http://bit.ly/ccftribute>.

