

TRIBUTE TO OUR CHILDREN



Children's
Cancer
Foundation



NEWSLETTER
ISSUE 02/2017

CONTENT

- 1 Hair for Hope 2017 Satellite Kick-off
- 2-3 #HumansofCCF
- 4 CCF Annual General Meeting
CCF Education Awards 2017
- 5 *flitter* Exhibition
- 6 CCF Appreciation Night 2017
- 7 Hearts Connect 2017
- 8 CCF-VIVA Family Learning Exchange 2017
Healthcare Humanity Award
- 9 Love Leaves a Memory
- 10 End of Treatment Party
- 11 Be a CCF Donation Box Placement Programme Partner
CCF Merchandise for Sale
- 12 PALS Events
- 13 Hospital Events
- 14-15 Social & Recreational Activities
- 16-18 Community Partnerships
- 19 Feature Story: CabbyCare Charity Group
- 20 Calendar of Events / Announcements

Hair for Hope 2017

Satellite Kick-off @ Kong Meng San Phor Kark See Monastery



The 15th run of Hair for Hope kicked off at the satellite event held at Kong Meng San Phor Kark See Monastery (KMSPKS) on 30 April 2017.

Among the 388 shavees at KMSPKS was 48-year-old Mr Victor Kuik Yoong, who shaved for the first time, in memory of his younger brother who succumbed to childhood cancer at the age of 17 more than 27 years ago. Recalling the stress and heavy burden of caring for his 16-year-old brother, Victor hoped to convey the message that “when a child gets cancer, everyone in the family is affected”.

Another shavee was 53-year-old Ms Amy Low Wai Meng, who made a bald statement for the fifth consecutive year as she believed in seizing every opportunity to contribute, simply because she could.

When she first found out about Hair for Hope through a friend, Amy intentionally grew her hair for a year in preparation for her first shave and cried tears of joy when she finally did it. Her first shave was even more meaningful when she found out that one of her customers at her optical business outlet was suffering from childhood cancer.

Each time when Hair for Hope drew near, Amy would intentionally perm and colour her hair, to make the shaving experience even more memorable. She explained, “When my customers see my nicely done up hair, they would compliment me and it gives me a chance to share about Hair for Hope and seek their support.”

47-year-old Mr Guek Peng Siong started volunteering at CCF in 2006 by helping out at the children’s camps. He then went on to volunteer as a photographer in 2010, helping to take photos during CCF events, including Hair for Hope. This year, Peng Siong finally plucked up the courage to go bald to tell children with cancer that they were not alone in their battle against the life threatening illness.

“Children’s Cancer Foundation deeply appreciates the management, staff and volunteers of Kong Meng San Phor Kark See Monastery for their strong support in organising Hair for Hope satellite event since 2012. We thank the shavees, donors and sponsors for their generous giving in so many ways and for standing in solidarity with children affected by childhood cancer. Together, we shall continue to build a community of support for our beneficiaries,” said Mr Ho Cheng Huat, Chairperson of CCF.

This is the sixth consecutive year that KMSPKS has come on board as a satellite partner for Hair for Hope. KMSPKS has been one of the top three Hair for Hope satellite partners, raising a total of more than \$800,000 for children with cancer and their families in the past five years.

This year, CCF hopes to encourage at least 6,500 participants to make a bald statement and raise \$3.6 million to help children with cancer and their families. The two-day main event of Hair for Hope 2017 will be held on 29 July 2017 (Saturday) from 11am to 7pm and from 11am to 6pm on 30 July 2017 (Sunday) at VivoCity.





Going Bald for a Good Cause

When CCF volunteers Adrian Lee and Steven Chung shaved their heads in 2003, they received countless stares and shocked reactions. “I basically got a non-verbal reaction like “Are you mad?” or “Are you trying to be funny?” recounts Adrian in amusement.

That was the first year of Hair for Hope, when Singaporeans had not yet warmed to the idea of shaving their heads in support of children with cancer. But Adrian and Steven, who were volunteers for CCF events such as the then Camp Sunshine, realised it was precisely this mindset that needed to change.

“I got closer to one of the families during the camp and realised that they did not have friends who understood what they were going through when their child was undergoing cancer treatment,” says Adrian.

The close friends and former university schoolmates roped in seven more CCF volunteers to shave their heads for the very first time. Although it was meant to tell children with cancer that they were not alone rather than a fundraising event, they made enough impact to be featured in The Straits Times.

But the bigger impact, says Adrian, was the chance to start conversations with friends and colleagues about the work of CCF and childhood cancer.

“I didn’t even need to hound anyone for money, they just asked about my hair and if I was alright, and I just opened up. It’s really much easier to talk about CCF and childhood cancer when they are the ones asking the questions,” says Adrian.



The response was so good that the following year, the team decided to organise Hair for Hope on a larger scale. This time, 73 individuals recruited through a simple website and email blasts, came forward to shave their heads.

Despite the early success, Steven was cautiously optimistic about the future of Hair for Hope. “We never thought it would become so big, although we did think it would be nice if this could become an annual exercise,” he says.

Yet after 14 years, 42,261 shavees and over \$24 million in funds raised, the motivation behind Hair for Hope remains unchanged.

Steven says, “Hair for Hope is not just a fun thing, but also about the meaning behind it. We are trying to take the stigma and sting out of being bald. If being bald is not a big deal then losing hair due to chemotherapy would hurt less for children or adults, and it would make the whole recovery process a lot less painful.”

The Company of Good

At the Hair for Hope 2016 event at VivoCity, the then QB House Managing Director Mr Ryoji Furuya was amazed by the number of female shaves.

“If we had this event in Japan, the shaves would be mostly men. But here, we have many young women - even those with long hair - who did not hesitate to shave. I have great respect for the Singaporeans who came forward to support this cause”, said Mr Furuya.

QB House was the official hairstylist for Hair for Hope 2015 and 2016, and has been supporting Hair for Hope satellite events since 2012.

Besides the main Hair for Hope event, donation boxes were placed at seven of QB House's outlets from 25 April to 31 July 2016. The Japanese hair salon also donated \$1 for every completed haircut over the weekend of 16-17 July 2016, raising about \$8,000 in donations for CCF.

Hair for Hope is the first social cause in Singapore the company has contributed to, but it has already drawn interests from QB House hairstylists across the region. In 2015, eight hairstylists from Japan, Taiwan and Hongkong volunteered for the main event, flying to Singapore at their own expense to join 70 local hairstylists here.

In 2016, the number of international volunteers more than doubled. More than 50 hairstylists from the same three countries volunteered for Hair for Hope, and 20 were eventually selected.

One of the hairstylists, Mr Miyazaki Yoshihisa from Japan, was the winner of QB House's worldwide haircut contest. He volunteered for the event as one of his relatives was undergoing cancer treatment, spurring him to lend a helping hand to others in the same plight.

Cancer is universal, and so is the support for the fight against it, he said.



“QB House has been in Singapore for more than 10 years, and 99% of our customers are local. We wanted to contribute to the Singapore society, and since we specialise in cutting hair, Hair for Hope is a good fit.”
 -Mr Ryoji Furuya, Managing Director of QB House, Hair for Hope Official Hairstylist

CCF Annual General Meeting



CCF's Annual General Meeting (AGM) was held on 3 June 2017 at the KK Women's and Children's Hospital Auditorium.

The items on the agenda of the AGM included the approval of the Annual Report and the Financial Statements for the year ended 31 December 2016 and the election of Office Holders.

Members also approved the intended restructuring of CCF from a society to a Company Limited by Guarantee (CLG).

The Management Committee of 2017/2018:

Chairperson: Mr Ho Cheng Huat

Vice-Chairperson: Ms Bernadette Ng

Vice-Chairperson: Mr Wong Yue Jeen

Hon Secretary: Ms Nancy Thio

Hon Treasurer: Ms Caroline Lim Joo Peng

Members:

Ms Quak See Ten

Ms Emily Sim

Dr Chong Tsung Wen

Dr Gilbert Fan

Mr Moh Hon Meng

Mr Benedict Leh

Mr Go Ashokh Menon

Mr Stanley Lim



CCF Education Awards 2017

89 students walked away with scholarships, bursaries and achievement awards at the annual CCF Education Awards on 3 June 2017.

The award ceremony, formerly known as the CCF Back-to-School awards, was held at the KK Women's and Children's Hospital Auditorium. Started in 2010, the scheme aims to help and encourage children who have returned to school within the first five formal schooling years upon completion of their cancer treatment.

It has since expanded to include achievement awards for children and youths who do well in national examinations or polytechnic/university final year examinations.

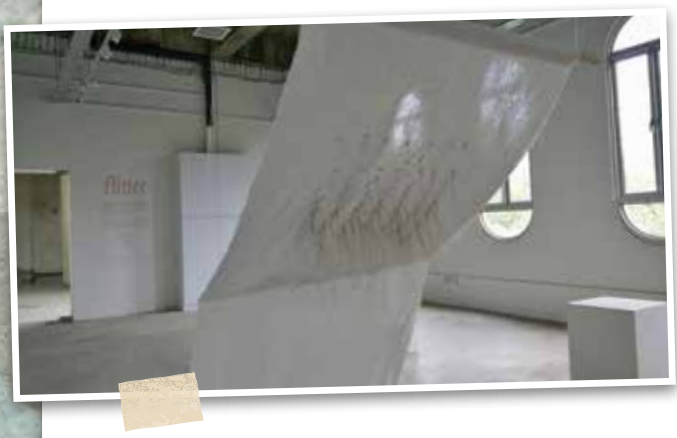
Among the 89 recipients were 39 students received the Achievement Awards, while bursaries, scholarships and good progress awards were given out to another 50 students.

CCF chairman Ho Cheng Huat, who presented the awards, commended the recipients for their sheer tenacity and can-do attitude. "Going back to school after a long absence is difficult but it is not impossible. Your presence today has proved it," he said. "We hope this award will motivate you to excel in whatever you set out to do in the future."

Once again, heartiest congratulations to all the award recipients.



flutter exhibition



Objects such as fallen hair and dust are items we dispose of on a daily basis in our homes. But for CCF beneficiary Gillian Chen, these insignificant items were turned into an exhibition, titled *flutter*.

Built on her intrigue with transitions and the debris left behind in their course, Gillian's works endeavoured to question and reflect upon the sentiments towards these neglected "artefacts".

Apart from hair and dust, the Visual Arts graduate from the School of the Arts, Singapore (SOTA), also incorporated flaking wall paints, pre-loved clothes and her collection of birthday greeting cards in this exhibition.

From Gillian's point of view, by pulping letters of appreciation and postcards into plain greeting cards, she voided them of their prior sentiments and made them reusable again. Clothes which signified "metaphorical representations of herself" were cut and weaved into a large piece of fabric to commemorate the significance of her discarded clothes and the past selves they embodied.

Held from 9 to 16 April 2017, *flutter* – Gillian's first solo art exhibition – was part of CCF's Legacy Building Project which aims to provide a positive and creative way for the beneficiaries and their families to make meaning of the cancer journey, and facilitate resilience in adversity.



CCF Appreciation Night 2017

CCF held its Appreciation Night on 31 March 2017 to thank donors, volunteers and partners for their support towards children with cancer and their families.

Held at The POD @ National Library, the guests were treated to a beautiful evening skyline of Singapore as they engaged in lively conversations with like-minded individuals over buffet dinner.

Emcees for the evening were Aisha from the CCF Community Partnerships team and Sheam Kannan, a member of the CCF YouthConnect programme. The YouthConnect programme aims to empower and enhance the well-being and personal growth of childhood cancer survivors, as well as provide opportunities for the survivors to contribute back to the society.

CCF Executive Director Ms Neo Lay Tin welcomed and thanked the guests for believing in our cause and for making a positive difference in the lives of children with cancer and their families.

Quoting Mother Teresa, Ms Neo said: "There is a deep joy in giving, since what we receive is much more than what we give." She hoped that in giving, everyone would in turn be inspired by the children's courage, resilience and fighting spirit.

13-year-old beneficiary Jadyn Cai captivated the audience with her fluid and graceful Samba dance performance in the opening performance. This was followed by the presentation of the CCF Philanthropy Awards to 49 individual and corporate partners by CCF Patron, Associate Professor Ho Peng Kee.

The CCF Community Partnerships team then took to the stage to hand-sign and sing a heartfelt rendition of "Imagine Me Without You", to express their gratitude to the donors, volunteers and community partners who have contributed immensely to the success of CCF.

CCF staff from the Specialist Clinic and Affected Child teams put up a combined visual arts and song item "Go the Distance" from the Disney movie "Hercules". We acknowledged our partners for going the distance to support and encourage our beneficiaries to realise their potential.



CCF volunteers were also honoured for giving of their time, efforts and talents in support of children with cancer. CCF Chairman, Mr Ho Cheng Huat, presented the CCF Volunteerism Awards to dedicated volunteers for their long service and contributions in 2016.

Nine-year-old CCF beneficiary Yasmine Lynn Anuar then performed two piano pieces titled "Arietta" by Muzio Clementi and a moderate blues item called "Light and Blue". Music played a major role in Yasmine's road to recovery in 2013, after she took up piano lessons towards the end of her treatment.

Following this, CCF beneficiary Stefanie Loh shared her self-composed song, "Love. Faith. Hope." During her stay in the hospital ward, Stefanie found her voice in music as she wrote tunes in her head. The inspiration for the song came from the journey she went through and friends who have been through similar experiences.

The programme concluded with a heartwarming video montage put together by CCF staff from the Hospital teams at KKH and NUH. Before the evening drew to a close, we captured the spirited atmosphere with a group photo.

On behalf of the CCF staff and beneficiaries, we would like to thank all volunteers, donors and partners for their steadfast and selfless contributions.

"I had so much fun at the appreciation night. The performances by the beneficiaries were awesome, ... the piano and the Samba pieces were just mind-blowing! I wish them all the best and I would also like to thank CCF for their efforts in acknowledging volunteers like myself."
Rani – CCF Volunteer

"Dinner and view at the Pod were a pure delight." –
**Zhi Xiang, Tote Board
(CCF Donor)**





Hearts Connect 2017



On 18 March 2017, CCF carried out a second run of "Hearts Connect". The parent-child bonding workshop saw 10 families comprising siblings and children impacted by cancer and their parents coming together for a "heart-to-heart" time. Through a series of interactive game stations, the "Hearts Connect" workshop aimed to strengthen the parent-child bond between the children and parents amidst the impacts of cancer.

The concepts of spending quality time, trusting one another and expressing love were explored at each game station. It allowed the families to discover and rediscover what bonded them together. There was a mixture of excitement and fulfillment as they participated in the activities, ranging from going on a blindfolded obstacle course, creating "Love Cubes" to completing tele-matches. After each station, the families were given a sticker with a heartfelt quote as reminders of the valuable lessons learnt on familial love.

After lunch, the families were invited to create a "family masterpiece" that encompassed the unique qualities that

made each family special. With prizes to be won, both children and parents worked together with enthusiasm and dedication in brainstorming ideas and creating their piece.

Finally, each family strutted down the red carpet and presented their completed masterpiece. Hearts were warmed as families shared inspiring reflections, stories and strengths about their family. Topping it all was the prize ceremony where everyone cheered as each family collected their prize. It was a fun and heartfelt experience for the families. Ultimately, the best prize was the strengthened bonds between them.





CCF-VIVA Family Learning Exchange 2017

Jointly organised by CCF and VIVA Foundation on 4 March 2017, the CCF-VIVA Family Learning Exchange was held in conjunction with the 11th St. Jude-VIVA Forum 2017. As a longstanding learning partner of St. Jude-VIVA Forum since 2006, CCF supports the continuous training and education of local doctors, nurses and allied health professionals at the forum.

The topics covered at the Forum included “Adolescent Programme & Care in the Hospital”, “Why Transition of Care is Important for Adolescents with Cancer?”, “Planning Transition of Care” and “Transiting to School & Beyond”.

A total of 32 participants attended the forum, and they engaged in a discussion with a panel of paediatric oncology experts comprising Dr Steward J. Kellie from The Children’s Hospital at Westmead Australia, Dr Chetan Anil Dhamne and Dr Mary Verughese from the National University Hospital, Dr Oh Jean Yin and Dr Prasad Iyer from KK Women’s and Children’s Hospital.

CCF would like to thank all speakers and panellists for taking time to share their expertise and knowledge at the CCF-VIVA Family Learning Exchange.



Healthcare Humanity Award

CCF congratulates Ms Ng Hwee Chin, Head of Direct Service on her receiving the Healthcare Humanity Award (Intermediate and Long Term Care (ILTC) category) on 25 April 2017. The annual ceremony paid tribute to healthcare workers who exemplified exceptional qualities and dedication in helping others.

In one particular case, Hwee Chin journeyed with a child who suffered from end stage Acute Myeloid Leukaemia. Knowing that the boy’s final wish was to celebrate Christmas, Hwee Chin bought a Christmas tree and set it up with trimmings and lightings in his house even though it was early November.

She went on to tell the child that he would “be the first in Singapore to see Christmas lightings” that year, fulfilling his wishes. Hwee Chin later continued to provide bereavement support to the family and even managed to secure sponsors to support the client’s sister in her attempt to retake her ‘O’ levels.

“It is my honour to be given the opportunity to accompany the patients and their families in their cancer journey,” said Hwee Chin. “Each interaction with them has made an impact on my self-development.”

She added that with the young patients and families taking on the role as her life coach, it has helped in her social work, guiding her to be a more proficient helper.

“I dedicate this award to those whom I’ve crossed path with,” Hwee Chin said. “This award recognises the painful battle that our patients and families face and it signifies the importance of social work with these individuals at vulnerable moments.”

She elaborated: “This is very important as it is often very challenging to attract new social workers into the paediatrics healthcare field. Many often find it unbearable when they see children in pain as they undergo medical procedures. But it would be worse if the child does not respond to treatment.”

As the head of direct service at CCF, Hwee Chin always ensure that her team is equipped with the necessary aptitude and skillsets to meet the needs of the children and their families.

“This award also belongs to my entire team in CCF who courageously deal with the emotionally draining aspect of their job requirements in order to support our beneficiaries in their cancer journey,” added Hwee Chin.

LOVE LEAVES A MEMORY: *Growing through grief. Healing with hope.*

Love Leaves a Memory is a six-session group therapy that aims to provide support for bereaved caregivers' coping with the loss of their child. Coming together with others who have experienced similar loss, participants were invited to reflect on their grief journey through the creative processes. The process of art and symbolic meaning-making releases the tension of grief and facilitates expression of emotions.

Activities during the session include using symbol works and photographs in narrative sharing; expressing emotion using clay works; meaning-making and continuing bonds through objects and collage; meaning-reconstruction, sense-making and discovering their growth through grief with group mandala.

"... (even in grief) we are still able to laugh again."



"Listening. Crying. Laughing. Eating Together."



Clay expressions of emotions: Speaking the unspeakable



"You are my listeners which I need."
 "(What I like about the group) The respect and listening ears that shoulder one's pain."





End of Treatment Party

On 29 April 2017, 21 CCF beneficiaries and their families came together to celebrate the milestone of their End of Treatment journey at The Red Box, Youth Corps Singapore's common space for common good located along Somerset Road.

They were warmly greeted by CCF survivor, Gloria Leong, the emcee for the day. The theme for the celebration party was "Dancing in the Rain". A photo booth with props was set up, where beneficiaries and their families could take fun photos.

The families participated in a round of icebreaker "Scavenger Hunt!". After the icebreaker, each family worked together to paint their family umbrella, which incorporated all the strengths and qualities that helped them go through the cancer journey. It was heart-warming to see each family member playing their part, reflecting and sharing their experiences, as well as appreciating one another. It was then followed by a tea break.

The highlight of every End of Treatment Party was the Trophy Presentation ceremony. The trophies were presented to every CCF beneficiary by their caregivers to celebrate the end of treatment milestone. It was touching to hear caregivers commend their child for their bravery and perseverance in overcoming the challenges during the treatment.

The beneficiaries and their families left with big smiles on their faces at the end of the party, together with their goodie bags and beautifully decorated umbrellas in tow.

CCF would like to thank the beneficiaries, caregivers and volunteers for making this End of Treatment Party a success!



BE A CCF DONATION BOX PLACEMENT PROGRAMME PARTNER!



Help raise funds alongside your customers!

Calling all organisations, business owners and retailers - we would like to invite you to support children with cancer and their families through the CCF Donation Box Placement Programme (DBPP).

By placing a CCF donation box at the premises of your retail outlets, you can encourage your customers to raise funds for our children and families.

CCF would like to thank our partners for their strong support and participation in our fundraising initiatives which has allowed us to provide one-stop holistic care services for our children.

Drop us an email at fundraising@ccf.org.sg or call 6229 3764 / 6229 3738 today to find out more.

Big or small – every donation counts!



CCF merchandise for sale

Give a gift of love! CCF has a wide range of merchandise that can be purchased all-year round. These items include stationery, tumblers and tote bags.

You can contribute to CCF's fundraising efforts and show your support for children with cancer and their families by purchasing these exclusive merchandise. They make great gifts too!

CCF Bag	\$15
Collar Pins (assorted)	\$2
CCF Folder	\$10
Tulip	\$2
CCF Diary	\$10
CCF Tumbler	\$10

For the full list of merchandise, do visit our website at <https://www.ccf.org.sg/giving/sell.htm>.

To make a purchase or find out more, do drop us an email at fundraising@ccf.org.sg.



Mother's Day Celebrations



A mother is described as a person who "bring up a child with care and affection". To show appreciation to their mothers, students in PALS gathered on 5 May 2017 to prepare a range of gifts for the significant lady in their lives to mark Mother's Day.



The students were provided with ingredients for the DIY session to make gifts such as organic lip-balm and hand cream. The ingredients chosen were purely natural such as beeswax, organic coconut oil, organic coloring powders (like beetroot) and unrefined cocoa butter.

It was also an opportunity to educate the students on the ingredients used in items sold off the shelves. The process of handcrafting the items was not easy for their



little hands as it involved heating, mixing and pouring. But, the students persevered nonetheless.

The best gifts are not bought but made, with loads of love. PALS is proud of all the students who stayed attentive throughout the session to successfully complete the Mother's Day gifts.

Special thanks to staff of Handmade Supplies for the handcraft session!

Emergency Preparedness by Singapore Polytechnic Civil Defence Lionhearters

Social research and evidence in Japan and United States have shown that children who were taught emergency preparedness in school were less anxious and had higher survival rates in an actual emergency situation or disaster than those who were not exposed to such preparations.

The student group Civil Defence Lionhearters from Singapore Polytechnic organised a series of exciting games and activities including "Disaster Master" on 31 March 2017 to increase the awareness of emergency preparedness for the children in PALS. Seated in a single file, a student first drew a card from the stack of "disaster cards" before passing the card down the line. The student

seated at the end of the line would then have to guess the nature of disaster.

Another activity that the students bonded over was the building of their survival kits. Laughing heartily, students proposed interesting items, such as mobile phones and chargers, which they would bring to a deserted island in the event of a disaster.

The students returned home that day gaining important emergency preparedness skills and an increased sense of self-esteem.

Singapore Botanic Garden: Our Heritage by NPARKS



Did you know that our S\$5 note features Singapore's heritage Tembusu tree at the Botanic Garden? It is believed that the Tembusu tree has been there since 1859! This interesting fact was shared by volunteers from NPARKS who visited the Children's Cancer Foundation on 26 April 2017 as part of PALS Active Learning.

They came prepared with many learning aids such as cotton and angšana tree specimen in ziplock bags. The volunteers also, conducted many interesting activities

relating to the Singapore Botanic Garden and shared with our PALS students about the many iconic infrastructures in the Garden that were the British, including the "Bandstand", an octagonal gazebo erected in the 1930s. Students were handed the "Bandstand" cutouts to colour and construct.

PALS is thankful to NPARKS for taking the time to conduct the interesting and engaging session for the students!





Storytelling at CCF@NUH

One of our latest enrichment activities at CCF@NUH is to incorporate play into storytelling to entice children to read story books. On 16 February 2017, a group of CCF Play Personnel read the popular and engaging story - "The Very Hungry Caterpillar" to our children.

To make the story more interesting, each child was given a few tubs of playdough and some toy foods. As the story progressed, the children used the playdough to form their own caterpillar and butterfly. The younger children learnt to identify food using the toy foods, while the older kids used their creativity and the playdough to knead their "food".

The volunteers also prepared real fruits for children to feel the texture and smell them. The older children were so enticed by the story that they listened to it repeatedly. After the session, some were even able to recite the story on their own!

Clay pottery making at CCF@NUH

Our children at CCF@NUH enjoy participating in a variety of arts and crafts activities. On 14 March 2017, we introduced clay and pottery making to them at the playroom.

Playdough allows the children to practise their fine motor skills and provides a great opportunity for the children to get creative and have fun. The children were tasked to make a clay bowl.



They kneaded, pinched and moulded the clay into a bowl shape, under the patient guidance of the instructor, before finishing off with a fish design on their bowls. After 1.5 hours of focused attention and hard work, the children completed their art work and brought home their masterpiece.

Tart baking activity at CCF@NUH



It was baking session at CCF@NUH once again! On 21 March 2017, the children experimented with baking peach tarts. Each child was provided with a set of ingredients to make the tarts from scratch.

Donning their red aprons, the children cut the butter and kneaded them together with flour and sugar. They then rolled the dough into round balls before placing them onto the baking tray.

While the children waited patiently for the tarts to be baked, peaches were diced into smaller pieces to be placed on top of the tarts. The excitement of the children grew as the fragrance of the baked tarts filled the room. At the end of the activity, the children packed their golden brown peach tarts into boxes and brought them home.

Easter Goodies Fun! at CCF@KKH

On 6 April 2017, we had the pleasure of having Tinkle Arts Academy at KKH to indulge our children in clay crafting fun. Children were taught how to make Easter goodies such as 'Mother Hen' and 'Baby Chick' using child-safe clay.

The rewarding session conducted by two facilitators from Tinkle Art Academy brought loads of fun to the children as they pinched and moulded the clay into various objects.



Veggies Delight!

As part of DSTA's Volunteer-A-Day programme, the volunteers planned a day of fun and excitement on 15 March 2017 for the children at Bollywood Veggies, a countryside organic farm.

The volunteers and children were divided into smaller groups upon arrival. They played a series of ice-breaker games to get better acquainted with one another. Once everyone was warmed up, the groups set off for a fun and engaging treasure hunt where they were tasked to find specific items such as curry leaves.

Senior Engineer Michaela Chua, who found the day enriching, shared: "This is not the first time I've volunteered, but the experience was truly unique. It was refreshing to explore a farm instead of the urban jungle. The children proved that the sky is the limit when it comes to their imagination. They used items found on the farm so creatively to dress their teammate as a scarecrow during one of the games!"

The other volunteers were equally invigorated by the experience. Engineer Pang Hong Ming said: "I found myself learning much from the children, even though we were supposed to be a mentoring figure to them."



"While some children harbour an intense dislike for vegetables, the 30 children from Children's Cancer Foundation certainly did not. That was something the group of over 20 volunteers from Cybersecurity Programme Centre were certain of."

"I'm glad to see the children having fun and enjoying themselves. I hope there will be more of such opportunities to bring joy to them," Engineer Lee Min Yi added.

Beyond the programme, the good bonds that formed between the volunteers and the children was another reason the children enjoyed themselves so thoroughly.

**Contributed by Kenneth Goh,
Defence Science & Technology Agency**





Jumping Fun



41 beneficiaries and their families headed down to Sky High Trampoline Park for a fun-filled session on 1 April 2017. The event was organised by husband and wife duo Kumar and Alison, as well as their friends. The eyes of the children glowed with delight as they jumped, hopped, skipped and rolled on the trampoline, after a briefing on the safety precautions.

The kids enjoyed themselves so much that the parents could not resist but joined in the fun too! Some kids made new friends and invented new ball games while others had lots of fun jumping into the huge foam pit.

Everyone also kept their energy up with the lovely buffet spread provided. At the end of the day, the kids, with beads of perspiration trickling down their back, went home happy and satisfied after a morning well spent with their families and friends.

Contributed by Arumugam Kumaran and Wee Wei Shan Alison



The Boss Baby movie screening



38 CCF beneficiaries were treated to a movie screening on 22 April 2017. "The Boss Baby", a film depicting a suit-wearing briefcase-carrying baby on a secret mission brought laughter and joy to our children and parents.

The fun-filled four hours of movie screening, magic show and balloon sculpting session was organised by Ferring Pharmaceuticals, as part of their Corporate Social Responsibility activities.

Contributed by Dr William Tan Chek Kun, Ph.D, Medical Affairs Associate, Ferring Pharmaceuticals Pte Ltd.



Dear Sponsors

CCF would like to express our heartfelt gratitude to the following sponsors for their kindness and generosity.

M1 Limited for inviting CCF beneficiaries and their families to Movie Screening of Kong: Skull Island on 11 March 2017.

People's Association Youth Movement (PAYM) for inviting CCF beneficiaries and their families to Project Crochets on 19 March 2017.

Singapore Dance Theatre Limited for inviting CCF beneficiaries and their families to Coppélia on 16 March 2017.





Raising funds through sales of recyclable materials

To give students the opportunity to care for the environment and community, Kent Ridge Secondary School organised a series of events on 19 January 2017 to raise funds for CCF.

The school's Character and Citizenship Education Framework adopts the approach of anchoring students' learning through explicit teaching and the provision of experiential learning opportunities within a culture of care and excellence.

On KR Hands-On Day 2017, Secondary Two students combed Clementi and West Coast neighbourhoods to collect recyclable materials. As a school, KRSS raised a total of \$11,161.15 from the sales proceeds of the recyclable materials, the 'Chinese New Year collection' and donations from parents. All funds collected were donated to CCF.

In class, the students also learnt that childhood cancer affects more than just the patients during our Public Education talks. Hence, KRSS fully supports CCF's holistic mission to help not just recovering children but their families during this difficult time.

Just as family ties are important to KRSS, the school believes that CCF's role in strengthening relations between family members is crucial in the child's recovery journey.

The students walked away with a sense of purpose and empathy after learning how CCF has helped these beneficiaries. It taught them to do their best for CCF, and some students even volunteered to stay back after school to assist with further packing.

We truly hope our humble efforts have made an impact in one way or another. To all at CCF - keep up the noble work, and we look forward to future collaborations together!

**Contributed by Ms Tabitha Lee, Teacher,
Kent Ridge Secondary School**

行 Yao exhibition @ Detention Barracks raises funds for CCF

Hope is the light within the heart. Love is the act upon the hope.

Artist Tiffany Yao launched a solo exhibition 行 Yao and a fundraising event for CCF at Detention Barracks on 10 February 2017.

Artistic Director Yeo Hon Beng lost his father, relatives and friends to cancer. Through his actions, he hopes to help the young beneficiaries who have a bright future ahead of them. More importantly, he seeks to generate awareness of childhood cancer among friends and loved ones.

Detention Barracks believes that art is inclusive, restorative and healing. With artists from various disciplines, we believe we can make a difference to the community. Through art, we wish to multiply happiness and bring people together, with emphasis on charity and giving back to society.

This fundraising event was a fruitful and heartwarming experience and we thank all who graced the exhibition, supported our cause and donated to CCF. The event helped raise \$4,716 for CCF.

**Contributed by
Yeo Hon Beng, Founder/ Artistic Director,
and Tan Ching Ting, Director,
Detention Barracks**





2nd run of IMS Charity Car Wash for CCF

At IMS, the notion of "charity fundraising" is an unconventional, out-of-the-box idea of a car wash. In fact, this has been such a hit that it is now into its second year running.

As a prelude to the IMS Charity Car Wash Day, a booth was set up near the IMS canteen selling merchandise from CCF.

On 17 February 2017, about 20 staff from IMS, dressed in shorts and T-shirts and equipped with jet hoses and other cleaning tools, washed and groomed 33 cars within a strictly allocated washing schedule.

This annual fundraising event was spearheaded by Andy Ng and the Order Fulfillment Team, in collaboration with IBM Club IMS Charity Cluster. The aim, as part of the CSR, was also to engage the staff through team bonding exercises by way of a meaningful event.

At the end of the day, the car wash raked in a total of \$2,591.30 in donations for CCF, surpassing the team's initial projection of \$1,500. The team would like to thank all the donors and volunteers who made this event a resounding success.

*Contributed by Bernard KL Wong, Secretary,
IBM Club IMS 2016*



PIL's Golden Jubilee celebration raises fund for CCF

The date 16 March 2017 holds much significance for homegrown shipping company Pacific International Lines (PIL), founded by Mr Y C Chang fifty years ago.

PIL celebrated its Golden Jubilee and played host to more than 600 local and overseas guests. The company also shared its achievements in the past five years and plans in the pipeline.



To make this occasion more meaningful, PIL took the opportunity to give back to the community by encouraging its guests to join the company in donating to CCF.

A total amount of \$130,134.92 was raised at the PIL 50th Anniversary Dinner Celebration.

Mr Y C Chang's foresight, vision and guidance over the years have enabled PIL to grow from a small company with four coastal ships to become the largest privately owned shipping company in Southeast Asia. PIL is ranked as the 14th largest container operator in the world.

Contributed by Derrick Huang, Corporate Division of Pacific International Lines

Bedok Mall, CapitaLand Hope Foundation raise \$15,000 for CCF

To spread the warmth and love during the season of giving, Bedok Mall launched a Care Bear-themed campaign during Christmas 2016.

Called "A Beary Merry Christmas", shoppers were encouraged to adopt a limited edition elephant plushy for \$25. Held from 7 to 25 December 2016, proceeds collected during the campaign were donated to CCF.

CCF was chosen as the choice of charity as we recognised the extent of support CCF offers to its' beneficiaries as well as the importance of creating awareness of childhood cancer among the public.

Through this campaign, shoppers could own these plush toys and do good at the same time. "We wanted to create a special Christmas Tree, using a limited edition plush toy - Lotsa Heart Elephant - that was specially designed for Bedok Mall," said Mr Stan Tay, Marketing Communications Manager of Bedok Mall.

"We also roped in CapitaLand Hope Foundation, the philanthropic arm of CapitaLand to match the donations dollar-for-dollar," added Mr Tay. Together with the generosity of our shoppers, we raised a total of \$15,000.



Contributed by Stan Tay, Manager, Marketing Communications, Bedok Mall



ComfortDelGro Taxi, CabbyCare donates \$50,000 in support of Hair for Hope

Back in 2000, they were a group of eight taxi drivers who volunteered their free time to deliver bread, meals and library books to the less fortunate.

The now 280-strong CabbyCare Charity Group, comprising ComfortDelGro Taxi cabbies, has their eyes set on recruiting 250 drivers as shaves for the 15th run of Hair for Hope, the Children's Cancer Foundation's iconic community outreach event.

To mark CCF's 25th anniversary celebrations, CabbyCare will donate \$25,000 to Hair for Hope, while ComfortDelGro Taxi is matching that amount dollar to dollar, bringing the total amount to \$50,000.

This is the largest amount that CabbyCare and ComfortDelGro Taxi are donating to CCF. In all, CabbyCare and ComfortDelGro Taxi have contributed a total of \$140,000 to CCF thus far.



The volunteer group first participated in Hair for Hope 2014 where 55 cabbies participated as shaves. In the following year in 2015, that number grew to 70.

A record 165 shaves from CabbyCare participated in Hair for Hope in 2016. This year, CabbyCare took the collaboration further by signing up as the Official Partner of Hair for Hope 2017.

"It is heartening to see more and more cabbies sign up for Hair for Hope every year," said CabbyCare Chairman, Mr Kanapathy Shunmugam.

"This year, our aim is to recruit 250 cabbies to mark CCF's 25th anniversary and to show our support towards Hair for Hope," added Mr Shunmugam. "By shaving our heads, we hope that the children and their families know that we are with them in this challenging journey."

CabbyCare cabbies also provide free trips to beneficiaries of CCF's WishLink Project, a programme that aims to fulfill the wishes of children with poor prognosis, or who suffer from a relapse, and/or are referred for palliative care.

"I am very proud that our cabbies have contributed to the Children's Cancer Foundation with their heart, soul and time," said Mr Ang Wei Neng, Chief Executive Officer of ComfortDelGro Taxi.

"This is the fourth consecutive year that we are organising Hair for Hope and it will not be the last. We hope our small contributions will bring some cheer to our little friends at the Foundation," Mr Ang added.

"As the saying goes, 'After every storm, there is a rainbow'," said Mr Chng Meng Hoe, Vice Chairman of CabbyCare's Hair for Hope organising committee. "We want to let the children know that it is OK to be bald and not to despair, as there is still hope. We want to give them the strength and the will to fight this battle."



CALENDAR OF EVENTS

(July to September)

Event	Date
Childhood Bereavement Programme: Chef of Life	1 & 8 July 2017
Family Day	15 July 2017
Hair for Hope 2017	29 - 30 July 2017
Hospital Tour	26 Aug 2017
Youth Camp	8 - 9 Sep 2017
Volunteers' Training Workshop	29 Sep 2017

* Dates are subject to change



Join us at
Hair for Hope 2017!

Simply walk-in to register!

Date: 29 and 30 July 2017 (Saturday and Sunday)

Time: 11am – 7pm (Saturday), 11am – 6pm (Sunday)

Registration Venue: VivoCity, Amphitheatre, Level 3

Event Venue/ Public Education Exhibition Venue: VivoCity, Central Court A & B, Level 1

Hair for Hope is the only head-shaving event in Singapore that raises funds and awareness of childhood cancer. This year, we hope to encourage at least 6,500 participants to join our cause and raise a total of \$3.6 million to aid children and families impacted by cancer.

All funds raised will help to fund critical programmes and services for CCF's beneficiaries.



CHILDREN'S CANCER FOUNDATION (CCF) is a non-profit organisation with a mission to improve the quality of life of children with cancer and their families and children impacted by cancer through enhancing their emotional, social and medical well-being.

Founded in 1992, CCF provides children with cancer and their families and children impacted by cancer the much needed support in their battle against the life threatening illness. Over the years, CCF has helped more than 2800 children and their families at different stages of the illness.

Armed with the vision of providing leading resources and psychosocial services to families impacted by childhood cancer, CCF employs professional caseworkers and counsellors, and adopts an integrated hospital-community-home service model to offer a spectrum of critical services to our beneficiaries.

SERVICES TO THE CHILDREN AND FAMILIES

- Casework and Counselling
- Therapeutic Play
- Art Therapy
- Play Therapy
- Child Life Service
- Expressive Arts Therapy
- Caregivers Support Services
- Hospital Play Services
- Survivorship Programme
- Back-to-School Service
- Place for Academic Learning and Support (PALS)
- Tuition & Befriending
- Psychosocial and Recreational Activities
- Financial Assistance
- Palliative and Bereavement Service
- Very Important Brothers and Sisters (VIBS)
- Children Impacted by Cancer Programme

OTHER PROGRAMMES

- Volunteer Management and Engagement
- Public Education and Engagement
- Training and Research

HOW YOU CAN HELP

- Be a regular donor through GIRO or our online donation portal @ www.ccf.org.sg
- Support our annual signature fundraising event: Hair for Hope (www.hairforhope.org.sg)
- Organise activities to raise funds for CCF among your network
- Invite CCF to conduct public education talks/workshops to your colleagues, schoolmates, family and friends
- Recommend CCF as a beneficiary for corporate sponsorships and donations
- Participate in CCF's Donation Box Programme to raise funds through placement of donation boxes in your organisation
- Refer CCF for gifts in-kind
- Adopt CCF as beneficiary of your will-making to continue the legacy
- Invite our beneficiaries for social and recreational activities
- Volunteer with us on a regular (minimum commitment of 6 months) or ad-hoc basis
- Be a resource person – share your skill sets and area of expertise

CONTACT US

CCF Community Office – VIVA-CCF Hub
8 Sinaran Drive Novena Specialist Centre #03-01
Singapore 307470

☎ 6229 3701 📠 6229 3700

✉ ccfadmin@ccf.org.sg

🏠 www.ccf.org.sg

📘 www.facebook.com/sgccf

📘 www.facebook.com/hairforhopesg

📺 www.youtube.com/user/CCFsingapore

📷 @ccfsingapore