



Tribute

to our children



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Record breaking 455 shavees at Hair for Hope's first satellite kick-off!



The Labour Day holiday saw the Singaporean community from all walks of life gathering at Kong Meng San Phor Kark See Monastery (KMSPKS) for CCF's first Hair for Hope (HfH) 2019 satellite kick-off.

2019 marks KMSPKS's ninth consecutive HfH satellite event. Since 2012, KMSPKS has been the top satellite partner and has over the years raised more than \$1.2 million in aid of CCF. This year's event achieved a new record high of 455 participants comprising KMSPKS staff, volunteers, devotees and Buddhist patrons of Singapore. As at 19 June 2019, KMSPKS has raised more than \$170,000, exceeding their target of \$150,000.

Among the shavees were 14-year-old CCF beneficiary, Joanna Chong and her father, Chong Hui Kwee. Home-grown actor, Andie Chen, who is also one of the three HfH 2019 ambassadors, also joined them as the ceremonial shavees.

Joanna Chong was diagnosed with Medulloblastoma, a type of brain cancer, in 2014 and is currently in remission. It was her first time shaving at HfH. "In fact, I have shaved twice personally. Once, when I was undergoing radiotherapy and my hair started to fall. The second time was in 2018 to return the support when my dad shaved for HfH. This year, I chose to shave at HfH as I want to encourage all other young fighters like myself to stay strong and never stop trying," said Joanna.

It was her father's sixth shave this year. 51-year-old Chong Hui Kwee, who is Joanna's full time caregiver, missed his shave at HfH 2015 as he had to accompany Joanna for chemotherapy. He hopes that his participation in HfH can help to contribute in building the community of support for other children with cancer and their families who are still battling the illness. "CCF helped to link me up with another family whose child was undergoing the same battle. Their sharing and encouragement provided much emotional support and comfort for me and my family," shared Hui Kwee.



For actor Andie Chen, it was his first time shaving at HfH. Andie and his wife, Taiwanese actress-host, Kate Pang, had volunteered as emcees at HfH 2018. He shared that he was humbled to witness so many people queuing up throughout the day to shave and stand in solidarity with children with cancer.



CCF would like to thank KMSPKS for their continued support; QB Net International Pte Ltd; Official Hairstylist; Ivy and Jimmy, DJs from 88.3Jia FM, HfH's Official Radio Station for emceeing; Selfprint Singapore Pte Ltd, HfH's Official Photo Booth Partner for the beautiful booth set-up and their services; as well as all our volunteer photographers for helping to capture all the 'BALD' moments at the event.



They braved the shave!

Hair for Hope (HfH) is back for the 17th consecutive run! This year, we are proud to have three ambassadors – 10-year-old CCF beneficiary, Wilson Wu; longstanding Hair for Hope satellite coordinator from Orange Business Services, Ashley Tan; and celebrity homegrown actor, Andie Chen, to front the campaign and raise childhood cancer awareness in Singapore.

Wilson Wu, CCF beneficiary



“

How did you feel when you lost your hair because of cancer treatment?

I was very scared as I did not want to lose my hair. I actually woke up one day in the hospital and my hair was all over my pillow. My friends in the hospital also lost their hair.

How did you feel when you shaved your head for Hair for Hope?

I feel proud of myself for being able to encourage other children who are still battling cancer. It makes no difference after a few months because my hair will grow.

Any words of encouragement for other children who are still fighting cancer?

Just stay happy all the time and do not be discouraged.

“

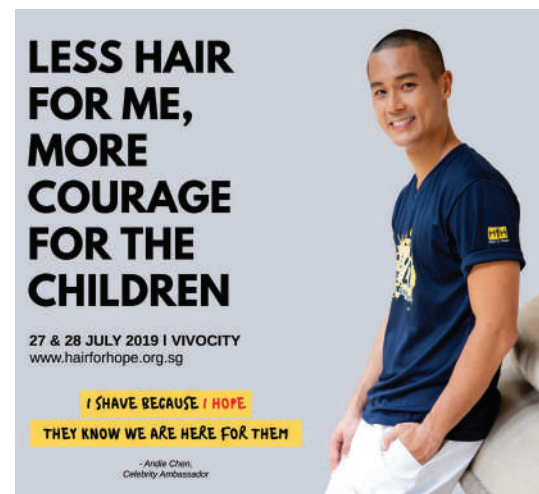
Can you share the experience as an emcee at last year's Hair for Hope event at VivoCity?

It was quite a sight! I always thought that people only queued up for freebies and discounts. To witness so many people queuing up throughout the day, to shave and to give in spirit and donations is very humbling and gives me hope for humanity.

What inspired you to shave for the first time at Hair for Hope?

I've always been thinking not just about giving, but also how to give. Everyone is unique, so when CCF approached me to front this year's event, I thought I could give in a way that would make a bigger impact.

Andie Chen, Celebrity Ambassador





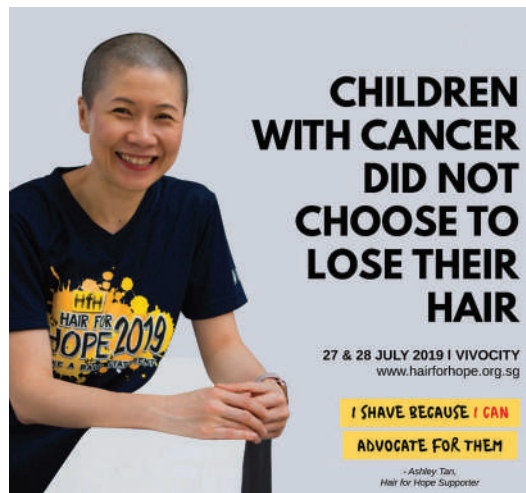
When was the first time you braved the shave and what made you decide to do it?

2016 was the year I took the plunge! I was surprised to receive the support from my manager and he even went the extra mile by joining me to make the bald statement. That was when I decided to organise a satellite event in my company and gather more like-minded colleagues to shave together. This is how we started our first satellite event at Orange Business Services.

How do you think shaving one's head is effective in raising childhood cancer awareness in Singapore?

It is definitely a good conversation starter with strangers who stare at my head but dare not ask me why I am bald. I am also glad to learn that there is greater awareness of HfH these days such that strangers would give reassuring comments to show their support for the cause. Even without taking any subsequent 'proactive' steps, walking on the streets with a bald head can show children who had lost their hair during cancer treatment that they are not alone.

Ashley Tan, HfH Satellite Coordinator



Join us at VivoCity on 27 & 28 July!

This year, CCF hopes to encourage at least 6,000 participants to make their bald statements and raise \$3.6 million to help children with cancer and their families.

Date: 27 and 28 July 2019 (Saturday and Sunday)

Time: 11am – 7pm (Saturday) / 11am – 6pm (Sunday)
(Registration for walk-in shavees will start from 10am.)

Registration Venue: VivoCity, Amphitheatre, Level 3

Event Venue/ Public Education Exhibition Venue:
VivoCity, Central Court 1 & 2

You can support our cause by participating as a walk-in shavee and/or making an online donation. For more information, visit www.hairforhope.org.sg.

Animal Kingdom; Strength in Unity



Life seems better with friends around, isn't it? This is true for animals, as it is for humans. In the animal kingdom, animals are often seen to be working closely together to overcome challenges and for survival. In a similar way, our children were able to learn and understand the importance of teamwork through the CCF Children's Camp themed 'Animal Kingdom; Strength in Unity'.

The objectives of the camp were to provide a platform for the children to build new friendships and gain a better understanding of themselves. 44 participants, aged between seven and 12 years old, attended the camp held at the National Community Leadership Institute (NACLI) from 21 to 23 March 2019.

Day One saw the children being split into five groups. There were some icebreakers to help the children warm up to each other. After lunch, the groups were challenged with some station games. They also competed with each other in tele-match games. One of the games which the children enjoyed most was the 'Human Foosball'. The children got competitive and were determined to win the game by scoring the most number of goals for their group.





It was heartening to see the children cheering for their new friends despite only being acquainted for a short period of time. The children ended the day with a sharing session as they reflected on the day's activities.

It was evident that there was better rapport between individuals within the group on Day Two when they completed the morning station games together. In the afternoon, the children visited the Singapore Zoo. The older children were tasked to guide the younger ones in completing the assigned activities and this served as a good leadership experience for them. In the evening, the children participated in a brainstorming session to explore designs for their group identity in preparation for the next day.

Day Three began with the children getting hands-on to create their group identity together. They were well-prepared from their planning the night before and started work quickly to customise their unique crafts and design. Many chose to identify themselves with themed headbands and wristbands. With their new identities, the programme progressed into the camp finale where the groups' teamwork were tested through a series of games. They had to complete the station games to earn puzzle pieces which they successfully pieced together to form the Children's Camp poster! The camp ended with a graduation ceremony where the children received their Certificates of Participation.



CCF would like to say a big thank you to all our volunteers and volunteer photographers for making the camp a huge success once again!

CCF Appreciation Night



In memory of **Gillian Chen** (1997 - 2018)

On 5 April 2019, CCF held our annual appreciation event at 51 Waterloo Street to recognise and appreciate the contributions of donors, volunteers and supporters who have been integral in helping CCF deliver the continuum of services for children and families affected by cancer. The event was graced by CCF Patron, A/Prof Ho Peng Kee and CCF Chairperson, Mr Ho Cheng Huat who joined 85 award recipients and guests at the occasion.

This year's Appreciation Night was especially special as it was held in conjunction with an art exhibition titled, "**Revisiting flitter**", featuring the works of CCF beneficiary, Gillian Chen (1997 – 2018).

In "**flitter**", Gillian questioned and reflected upon the sentimentality felt towards neglected objects. Using hair, dust and flaking wall paints, she transformed and breathed new life into these unwanted objects.

In his welcome address, CCF Chairperson, Mr Ho Cheng Huat, emphasised that life is bigger than cancer and the importance for the community to recognise children with cancer as unique individuals and not as patients. Gillian's caseworker, CCF Assistant Principal Therapist and Child Life Specialist, Liow Hwee Hsiang shared about the positive attitude and resilience demonstrated by Gillian during her cancer journey. When Gillian's mother, Ms Stephanie Phan, took to the stage to reminisce her daughter and recollect their favourite moments together, she could not hold back her tears. She beamed with pride and shared that for Gillian, what mattered was not the length but the depth and quality of her life

The programme culminated with an awards presentation to recognise the top donors and volunteers. There were a total of 45 Philanthropy Awards and 20 Volunteerism Awards recipients this year.

CCF would like to extend our deepest appreciation to Gillian's family for making "**Revisiting flitter**" possible; Mr Daniel Teo who has kindly sponsored the exhibition venue; Gillian's former art teacher, Mr David Gan, and former classmate, Mr Kester Wong, both from SOTA, for curating the exhibition; and CCF volunteer photographer, Daryl, for volunteering his time and services.

CCF Education Awards



More often than not, children with cancer miss school for prolonged periods of time due to medical treatments, side-effects and hospitalisation. To encourage childhood cancer survivors in their learning journey when they return to school and to recognise their academic achievements, CCF introduced the annual CCF Education Awards since 2010.

On 4 May 2019, 176 CCF beneficiaries and their families arrived at the SIA Group Sports Club for the annual award ceremony. The children were in high spirits and filled with pride as they had worked hard to do well in their studies despite their ordeals with cancer. Caregivers were also comforted that their children were adjusting well in school.

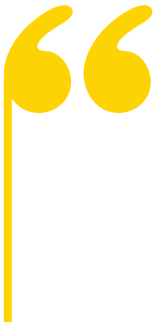
CCF Chairperson, Mr Ho Cheng Huat, Air Line Pilots Association Singapore (ALPA-S) Charity Chairman, Captain Yang Siew, together with his wife, Mrs Madeline Yang-Lok, were glad to be part of the joyous occasion. In his opening address, Mr Ho congratulated all award recipients and reminded them that their parents and caregivers' selfless support had contributed very much to their success. 19-year-old Academic Award recipient, Lee Jue Lei, who was diagnosed with Medulloblastoma in 2015, shared about her cancer journey and how her term at CCF's Place for Academic Learning and Support (PALS) had helped prepare for her return to school in 2017.

This year, there were a total of 72 award recipients. 44 awardees received the Back-to-School Awards from Mr Ho while 28 recipients were presented the Academic Achievement Awards by Captain Yang. Each child also received an exclusive airplane model in recognition of their academic achievements. This is in line with the airline industry's practice to accord pilot trainees an airplane model when they earn their wings to become qualified commercial pilots.

CCF would like to express our deepest appreciation to ALPA-S for sponsoring the Achievement Awards, the airplane models as well as the venue for the event. We would also like to extend our heartiest congratulations to all award recipients!



A Day of Remembrance (ADORE)



***Grief never ends. But it changes.
It is passage. And not a place to stay.
Grief is not a sign of weakness.
Nor a lack of faith. It is, the price of love.***

- Author Unknown ¹



A Day of Remembrance (ADORE) took place on 27 April 2019 at the Botany Centre inside the Singapore Botanical Gardens. The event was held as part of CCF's Palliative and Bereavement programme.

The event theme was to 'Remember. Reconnect. Renew.' The sunflower was chosen as the symbol for this year's ADORE as the caregivers had voiced their wishes to focus on the strength and resilience of their children and the continuing bond with them. The growth of sunflowers follows the direction of the sun and it is our hope for everyone to be like sunflowers in times of difficulties. Even in the darkest of days, one will stand tall and find the light.

¹ Han, E. (2017, Oct 9). 19 Inspirational Quotes to Help You Cope with Grief and Loss. Retrieved from <https://www.eleorahan.com/blog/2017/10/9/19-inspirational-quotes-to-help-you-cope-with-grief-and-loss>

A total of 40 bereaved family members and seven medical partners from the KK Women's and Children's Hospital (KKH) and the National University Hospital (NUH) attended the event. The venue décor, comprising a photo wall featuring all children who had fought a courageous fight against cancer and a brightly lit remembrance tree, were personally prepared by CCF staff. On display were also the tangible legacies of CCF beneficiaries, Benedict, Wei Xi and Gillian. Each guest took their time to appreciate the craft, art, memories and to see life through their eyes.

After the opening address by CCF Executive Director, Neo Lay Tin, we had the privilege of having two bereaved caregivers, Malar and Hidayah; Palliative doctor, Dr Komal Tewani, Associate Consultant of KKH; Sister Laura, a nurse from NUH; and Vivien Ee, CCF Assistant Senior Social Worker to share about the lives, strength and resilience of the young warriors whom they had journeyed with and how the experience had impacted them.

To remember every child, CCF staff also screened a photo montage of the children for all guests to appreciate their smiles and legacies. A minute of silence was observed thereafter in honour of these children. Guests were then invited to light up tea lights as a symbolic act of remembering the children they missed dearly. Guests also hung heartfelt messages that they had written for their children on the remembrance tree. These were unspoken words that expressed the caregivers' love, longing and reassurance for their child.

Before the event concluded, bereaved caregiver and active participant of CCF's Love Continues programme, Julia Tan, was invited to share about her experiences in the support group and how it had helped her cope with the loss of her daughter.

The event truly presented a space and time for all guests to reflect on their journey of grief and loss. CCF hopes that through such platforms, bereaved caregivers would be able to find connections with those present and other bereaved families through shared stories and experiences.

CCF would like to extend our sincerest appreciation to CCF volunteer photographer, Lisa Xiu and Far East Florist for sponsoring 100 stalks of white roses for our event.



Thank you for inviting us to ADORE. It was beautifully organised and the sharing was very touching. I believe every event is a healing process, regardless of the number of years that have passed.

– **Sheela, Mother of Leon**

Annual General Meeting



CCF's Annual General Meeting (AGM) was held on 1 June 2019 at the CCF Community Office. At the AGM, CCF members approved CCF's Annual Report 2018, Financial Statements for the year ended 31 December 2018, and the CCF Management Committee for the year 2019/2020.

At the AGM, members also approved the dissolution of the society by 30 June 2020 or such later date, depending on when the necessary approvals and IPC status for the new company limited by guarantee (CLG) are obtained. This is to facilitate the restructuring of CCF from a society to a CLG. CCF beneficiaries will not be affected by the restructuring as all services and access to services will remain the same.

The Management Committee (2019/2020) comprises:

Chairperson: Mr Ho Cheng Huat

1st Vice-Chairperson: Ms Lim Joo Peng Caroline

2nd Vice Chairperson: Mr Lim Bee Kang Stanley

Honorary Secretary: Ms Nancy Thio Ling Lie

Honorary Treasurer: Ms Sim Chuai Shun Emily

Assistant Honorary Treasurer: Ms Quak See Ten

Members: Mr Benedict Leh Song Boon,
Dr Chong Tsung Wen, Dr Fan Kam Tong Gilbert,
Mr Go Ashokh Menon, Mr Moh Hon Meng

Learning to Learn

On 13 April 2019, 13 youths attended a half-day Academic and Cognitive Skills Workshop – Learning to Learn. Conducted by Cyrus Chua, Learning Specialist from CCF's Place for Academic Learning and Support (PALS), the workshop catered to the needs of secondary school-going students, covering topics on human cognition and learning. The youths also learnt strategies to strengthen their working memory and improve their organising skills. These theories were reinforced with practical, hands-on activities during the session.

We were glad that our youths had a great time understanding the main functions of the brain. The participants enjoyed the workshop so much that they looked forward to more of such workshops in the future.



CCF-VIVA Learning Exchange



CCF and VIVA Foundation for Children with Cancer jointly organised the CCF-VIVA Family Learning Exchange on 2 March 2019, held in conjunction with the 13th St. Jude-VIVA Forum held at the Shangri-La Hotel. CCF has been a longstanding learning partner of St. Jude-VIVA Forum since 2006, supporting the continuous training and education of local medical professionals at the Forum. This year, 32 participants attended the CCF-VIVA Family Learning Exchange.

The key topic for this edition was understanding the diagnosis of Acute Childhood Leukaemia (ACL). Besides gaining insights on the advances in treatment for ACL through a sharing by Dr Hiroto Inaba, Member of St. Jude Faculty, participants also had a better understanding of the ACL landscape in Singapore through the talk by Dr Bernice Oh, Associate Consultant in Department of Paediatrics, National University Hospital (NUH). Cheryl Neoh, Senior Pharmacist from NUH presented on the types of medication and supplements used during cancer treatment. Jaslyn Tan, CCF Assistant Senior Social Worker spoke on the psychosocial needs of children during and after treatment.



Participants then had the opportunity to engage in a lively discussion with the panel of oncology experts which included the speakers and Dr Michaela Seng and Dr Prasad Iyer from KK Women's and Children's Hospital. It was an interactive and informative session as participants could hear first-hand, the varied perspectives from different experts and professionals.

CCF would like to thank all speakers and panelists for taking time to be part of the event and for sharing their expertise and knowledge in caring for a child with ACL.

HeartSongs



Held for the third consecutive year, HeartSongs is an Expressive Arts Therapy programme for youths aged 13 to 17 years with the aim to provide a positive participatory experience for childhood cancer survivors to express and re-tell their stories through lyrical writing and music. Eight participants signed up for this year's workshop, held over four sessions between 6 March and 6 April 2019.

The theme for this edition was 'What Lies Ahead' which served to explore the concepts of uncertainties and possibilities in the youth's future. CCF's Expressive Arts Therapist, Cheryl Lee, facilitated the exploration of this theme through different modalities such as lyric analysis, discussion and writing, to help participants with their song composition.

Through this workshop, the youths acknowledged their past struggles with cancer and anxiety towards the ambiguity of their future. They also identified the significance of treasuring life in the present and living it to the fullest. Thereafter, the youths translated these thoughts, feelings and reflections into lyrics and music, with the help of songwriting instructors.

Live Life to the Fullest

By Chua Hsien Li, Gabriel Loh, Ho Junxiong, Jadyan Cai, Jerron Ang, Kegan Lim, Soh Sheng Yang and Swasthi Trinity Govinda Rajan

Hey,
Don't push me away
I,
I wanna hear your story
Hey,
Don't lock me away
You,
You don't have to be sorry

You don't have to be sad
We'll get through this together
So just take my hand
I just want you to know

Let's live life to the fullest
Let's do things with no regrets
Things won't always be alright
But I'll make the most of the moments
(Today)

I don't know how things will go
So hold on tight,
I'll never, never let you go

The final product was a collective original composition titled "Live Life to the Fullest" which reflected the youths' desires to make the most of today, even though things might not always go as planned, and to live life without any regrets. Just as how they had received support from their family and friends during their challenging cancer journey, they too wished for their song to speak of hope and reach out to anyone who is struggling.

The icing on the cake was when the youths were given the chance to sing and record their work in a full-fledged recording studio. Imagine their joy! The experience was filmed into a music video for their keepsake which will be used in raising childhood cancer awareness. Do look out for it on CCF's Facebook and YouTube channel!

We are Surventure!



“Right, Left, Right Left!” shouted Justin Leong, as he delivered commands to ensure that his kayaking team was in sync and on track to cross the Sembawang waters safely.

Justin was among the 14 participants attending CCF’s ‘We are Surventure!’ programme which aims to empower childhood cancer survivors to gain a more positive self-concept and equip them with mindsets to better cope with life challenges through achievements outside of their comfort zones.

Themed ‘Keep Calm and Kayak On’, the session was held at Sembawang Water Venture on 27 April 2019. Over five hours, the youths were oriented on the ‘Do’s’ and ‘Don’ts’ of the sport, and were formed into groups where their teamwork and resilience were put to a test through a series of tasks in the waters. They were pushed to their limits but none of them gave up.

It was heartening to see them enjoying the adventures despite the arduous obstacles faced, encouraging each other and trying their best to overcome their limitations. Through the session, they also understood the importance of having determination and that more often than not, it is mind over matter.

CCF would like to thank the survivors for making ‘We are Surventure!’ a success again this year!



Siblings Connect Day at Trampoline Park!



Following a child's cancer diagnosis in the family, siblings often have to contend with multiple changes in the family such as reduction in their social and recreational activities and companionship. Hence, Siblings' Connect Day was inceptioned as a series of outings specially dedicated to the siblings to strengthen their support for one another to cope with the challenges resulting from their brother's or sister's cancer.

In the first outing of the year on 16 March 2019, 15 siblings spent a day together at the Katapult Trampoline Park. The day began with a round of ice-breakers to help the siblings know one another better. Chatters began to fill the air as they warmed up to each other.

Despite being a new experience for many of them, it did not stop the siblings from trying the stunts and obstacles. Their loud cheering encouraged one another to manoeuvre the trampoline dodgeball and whizz through the obstacle courses. At the end of the day, the siblings were thoroughly exhausted from the activities and games. Despite this, they gathered for a time of sharing. Through handwritten messages and artworks, they affirmed and encouraged one another of their unique strengths and thanked each other for the new friendships formed.



I find Siblings' Connect Day very fun and meaningful as it allows us (siblings) to feel united and happier. The activities are very meaningful and they taught us that we are never alone and will always have others supporting us during the journey. – **Chua Szy-En, 12**



It was fun and I got to play and connect with other siblings my age. – **Bijan Lai, 14**

Photovoice

Designed with a therapeutic intent to look into one's self, dignity, worth, and determination to achieve excellence, Photovoice held two runs of weekend workshops over four Saturdays – the first being 'Creative Self Portraits' and the second run was themed 'Life's Blueprints'.

'Creative Self Portraits' was held on 16 and 23 March 2019 at Objectifs Centre for Photography and Film, and the CCF Community Office respectively. During the workshop, youth survivors who attended Photovoice for the first time were invited to express their personality and "somebodiness" through portraiture photography using found objects. Participants exercised their creativity in finding their 'objects' which included recycled materials (e.g. aluminum foil, wool and cloth), found objects (e.g. photoframes, masks, old telephones), daily items (e.g. hats, umbrellas, etc.), donated toys/items (rubber ducks, kaleidoscopes, old briefcases, etc.) and effectively used them as metaphors to describe their personas.

'Life's Blueprints', which catered for past Photovoice participants, was held at the Singapore Zoo on 20 and 27 April 2019. Our survivors engaged in an active dialogue with wildlife photographer and Africa specialist, Mr Julian W., and the Vice-President of Attractions Development, Mr Marc Cremades, on the topics of wildlife survivorship, ethics and moral values of interaction with nature. Through the conversations, the youths reflected and understood the importance of having their own personal 'blueprints' to serve as a life compass. Participants then presented their blueprints for life through a selection of photographs captured at the zoo, and they also shared about how they intended to turn their blueprints into reality.

CCF would like to express our sincerest appreciation to Nikon School, Nikon Singapore Pte Ltd; Mandai Park Development Pte Ltd; and Julian W. Photography for their sponsorship and support towards Photovoice 2019. We would also like to acknowledge CCF youth survivors, Jing Ni and Qin Han for taking the mentorship role in guiding the new participants for 'Creative Self Portraits'.



“

Self-awareness – I had the chance to know about myself. I can be confident.

– **Jing Ni, Participant of Creative Self-Portraits**

I liked how it (Photovoice 2019) was forward looking and about looking towards the future. The day trip to the zoo was also very enjoyable. From the group sharing, I could see that everyone has their own blueprint for their life, and ultimately it is up to us to translate the blueprint into reality.

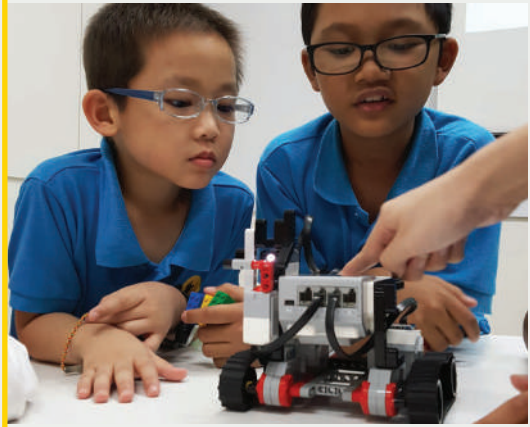
– **Xiong Zihao, Participant of Life's Blueprints**

A Field Day with NParks



PALS students had a field day with NParks on 6 March 2019 when volunteers visited the learning centre to share on the world of pollination with our young minds. The students examined flowers, butterflies and fresh fig specimens up-close with magnifying glasses and were taught what to do when they encountered garden insects. Thereafter, they designed their own badges. It was so colourful and bore designs ranging from butterflies to the birds and the bees! Thank you NParks for bringing smiles to our children!

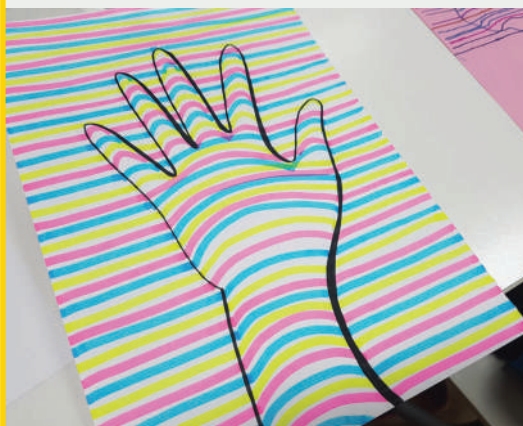
Robotics by Raffles Institution



PALS students had the privilege of learning more about programming knowledge from volunteers from Raffles Institution on 8 March 2019.

The students had the opportunity to interact with the robots brought in by the volunteers. In the process, they learnt how to programme pathways which tested their logical skills. One of the activities saw the students resolving a problem – that was to programme a robot to find its way out of a maze using if-then conditions, turns and touch sensors. This was definitely no walk in the park, but they displayed amazing teamwork and the robot did find its way out of the maze.

NAFA Optical Illusion



27 March 2019 was a day where PALS students thought that their eyes had played tricks on them. What they had thought was a levitating Rubik's cube, was in fact a two-dimensional drawing done by the volunteers from NAFA! PALS students were quick to pick up the skills taught by the volunteers, and were soon comfortably making their very own pictorial illusions. With just an A3 size paper and an array of colours, three-dimensional 'hands' and other shapes slowly took form, showing how creative we can all be once we set our minds to it.

WWF Wildlife Conservation



The World Wildlife Fund (WWF) surely taught the students a great deal when they visited PALS students on 8 May 2019 to raise awareness of endangered animals in the world.

The students were treated to awe-inspiring videos and pictures of planets taken from WWF's camera traps. They learnt how the majestic planet they called home has been mistreated. In particular, they saw images of plastics strewn all over the ocean, some ending up in the Great Pacific Garbage Patch. The students ended the session with a handicraft activity, with some of them making clay models of endangered animals they were particularly passionate for.

Tsum Tsum Plush Toy Making

Plush toys are a child's favourite companion and that was what the children at CCF@NUH got! On 25 February 2019, the children created their very own Tsum Tsum plushies made of felt cloth. They began by meticulously arranging parts of the plush toy together before sticking and assembling them. Once they were done with the design, they eagerly filled it with lots of stuffing. The kids had a lot of fun squeezing the stuffing into the toy and some even prepared an extra plushie as a gift for their siblings.



Move it! Move it! Sports Day

On 4 April 2019, CCF@NUH held an inaugural Sports Game Day for our children and their families at the hospital. The event consisted of hopscotch, badminton, table tennis and an intricate maze game that challenged the children's brain power. These activities aimed to promote movement and encourage the children to train their gross and fine motor skills in the midst of fun and joy. It was a good opportunity for family bonding as well with the caregivers participating in the activities.

International Childhood Cancer Day at CCF@KKH

International Childhood Cancer Day happens on 15 February each year. To commemorate the day, the children at CCF@KKH were given a voice through arts and crafts to express what they liked and disliked most about being in the hospital. Through their drawings which depicted walls of isolation, the children expressed feelings of being alone. Caregivers were appreciative of the activity as they could understand their children better through their artworks.



Doctor's Day celebration at CCF@NUH and CCF@KKH

Doctor's Day was the perfect occasion for our children to show their love and appreciation to the doctors who took care of them.

At CCF@NUH, celebrations were held on 28 March 2019 and the children made lovely cards for their favourite doctors. Besides decorating the cards, the children also enjoyed the photo booth tremendously. Holding a large sized Polaroid cardboard, the children posed cheerfully with their friends and family.

At CCF@KKH, the children were invited to write messages of appreciation to their doctors. These were displayed on the CCF notice board in Ward 76 on 30 March 2019. There was a card with the message "Thank you for being patient and understanding with me!" while another child wrote, "I like my doctor because she is nice, friendly and helpful". Indeed, CCF would like to express our heartfelt thanks to the doctors for working round-the-clock to care for our children!



Plushies Craft and Fun with Foam!

On 2 April and 3 May 2019, the children at CCF@KKH had to make a tough choice and decide on the design of their handmade plushie. It was all fun as they enjoyed the sensory experience of dipping their hands into a bag of foam balls and stuffing them into their plush toys. It was evident that the activity brought about a sense of satisfaction as many of the children did not just stop at making one plushie.

At the Fun with Foam craft session held on 15 April 2019, the children used foam sheets to create sling bags and pencil decorations. Many children walked out of the Family Resource Centre showing off their creative crafts.



COMMUNITY PARTNERSHIPS

innisfree Green Christmas!



innisfree has been organising 'Green Christmas' since 2014 and it has been such a fruitful and inspiring experience partnering CCF as we saw the potential synergy between our brand campaign concept and the Foundation.

Green Christmas campaign first started in Korea with the aim to spread warmth and a helping hand to communities who needed support. With the introduction of our very own Do-It-Yourself (DIY) Kit in conjunction with the campaign theme, we hoped that everyone could engage in the process of creating their own DIY gifts during the festivities while helping children with cancer and their families.

Our 'Green Christmas' campaign was held between 1 November and 30 December 2018 and the key message was to "Make, Enjoy, Share". Through the partnership with CCF, this has been effectively conveyed to many of innisfree's customers and supporters and we raised a total of \$27,878 through our campaign.

Contributor: Sharon Chew, Assistant Marketing Manager, Innisfree Singapore

SICCI Charity Golf Tournament

The Singapore Indian Chamber of Commerce & Industry (SICCI), in commemoration of its 95th anniversary this year, organised its inaugural Charity Golf Tournament on 3 May 2019 as part of our corporate social responsibility (CSR) efforts. CCF was chosen as the beneficiary as the SICCI decided that the benefits should be ethnic-neutral and inclusive.

More than 18 sponsors came aboard with 148 golfers participating in the golf tournament. Golf flights were priced at \$3,000 each while A-board sponsorships were priced at \$2,000 each. The tee-off kicked off in the afternoon with golfers fervently engaged in their games.

This was followed by a dinner reception where Senior Minister of State for Education and Trade and Industry, Mr Chee Hong Tat, was the Guest-of-Honour. He was accompanied by Chairman of SICCI, Dr T. Chandroo; CEO of SICCI, Mr. K. Barathan; and Organising Chairperson of the event, Mr M. S. Maniam. Minister Chee presented the cheque to CCF in a ceremonial presentation at the event.



An auction for golf equipment was also held to raise more funds for CCF, after which the winners of the tournament were announced towards the end of the programme. The evening also included delightful Bollywood dance performances and interesting trivia games where bottles of wine were handed out as prizes.

Through the various initiatives, the event raised more than \$100,000 in donations for CCF.

Contributor: The Singapore Indian Chamber of Commerce & Industry

Kent Ridge Secondary School Hands-On Day

Kent Ridge Secondary School first started our partnership with CCF in 2009 and CCF has been our school's long term community partner ever since.

In partnership with West Coast Community Centre, all Secondary Two students embarked on 'Lend a Hand, Save the Earth' project on 25 January 2019. The students visited the neighbouring blocks in the West Coast and Clementi to collect recyclable materials. For their efforts, West Coast Community Centre gifted CCF with 64 complimentary zoo tickets. In addition, the students also embarked on a "Chinese New Year Collection" held in the school on 14 February 2019. A total of \$5,880.50 was raised through these initiatives.

Contributor: Ms Lim Chye Ling, HOD Character & Citizenship Education, Kent Ridge Secondary School



Entrepreneur Day



On 20 April 2019, Sunflower Preschool @Teck Ghee Pte Ltd organised 'Entrepreneur Day' as part of our 'Start Small Dream Big' (SSDB) Project 2019.

We knew that the hefty costs of medical treatment for children with cancer would take a toll on the family. So we thought, why not raise funds for CCF and help ease the financial burdens of the family? As such, our teachers and the students came up with 'Entrepreneur Day', during which the children could enjoy the games and sell their beautiful crafts. We managed to raise more than \$1,736.60 for CCF.

Contributor: Thomas Jessie Magrate, Principal, Sunflower Preschool @ Teck Ghee Pte Ltd

Acknowledgements

CCF would like to express our heartfelt gratitude to the following corporate partners for organising the following social and recreation activities for our beneficiaries:

1. Hursh Tarun Sanghavi and students from Temasek Polytechnic for organising Active Learning sessions on 9 and 16 January 2019.
2. Geylang West Youth Executive Committee for inviting our beneficiaries to a Captain Marvel Movie Outing on 16 March 2019.

The largest age group of children diagnosed with cancer is between **0-4** years old.

Your monthly donation will help us support the free programmes and services for our beneficiaries.

Donate at: bit.ly/2Kz3CZt

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